



Treat Time

Approximate Time: 20 minutes

Prep Time: 5 minutes

Bake Time: Approximately 10 minutes

Peace “Filled Boats”

2 Large eggs, beaten
1/2 cup milk
1/2 cup flour
1/4 teaspoon salt
Optional: 1/2 teaspoon almond or vanilla extract
1 cup sliced strawberries
Whipped cream
Powdered Sugar
6 pretzel sticks



Preheat oven to 425°.

Generously butter or apply cooking spray to a (6 c.) muffin tin and an 8” x 8” square cake pan. Combine ingredients in a mixing bowl. Beat until smooth. Pour the batter into prepared muffin tin (3 Tbs. in each cup). Pour remaining batter into cake pan.

Bake for 5 minutes. Turn pan and continue to bake for approximately 5 minutes or until puffed and golden. Turn out the square and cut into six rectangles. Sprinkle with powdered sugar. Turn “Muffins” out and over. There is sometimes a skin of cooked batter that must be removed to reveal the little cup.

Treat Time: Thread a pretzel stick through the center of the rectangle to make the sail. Fill boats with strawberries and whipped cream. Place the sail in the center.

Closing Prayer and blessing on the food.