

Parent and Teacher Guide

Studies have proven learning is enhanced through the use of several senses. A recent study shows that we retain 10 percent of what we see, 20 percent of what we hear, and 50 percent of what we see and hear. But when we see, hear and do, we retain 90 percent of the information. (Lisa Marie Nelson, Ph.D., Author "The Healthy Family Handbook").

The purpose of this Resource & Activity Book is to help children learn and retain the story theme and principles in a fun and educational way. Your children will love coloring pages, solving puzzles, matching games, completing word searches, and much more! Each Resource & Activity Book also features challenging questions and activities for children from preschool through middle school. And in the rare case you don't know an answer, there's an answer key in the back!

LEVEL OF DIFFICULTY

The activities in this book are designed in three levels of difficulty designated by symbols. The activities with one symbol are geared towards younger children while the activities with two and three symbols become increasingly challenging for older children.



Level Two Intermediate



CURRICULUM RELATED

These educational activities are related to various educational discipline such as social studies (geography, history, culture), language arts (spelling, creative writing, grammar, literature), math (simple equations), and science. There are also activities for character development, video awareness, problem solving, music, and art. The subject codes below are for your convenience.



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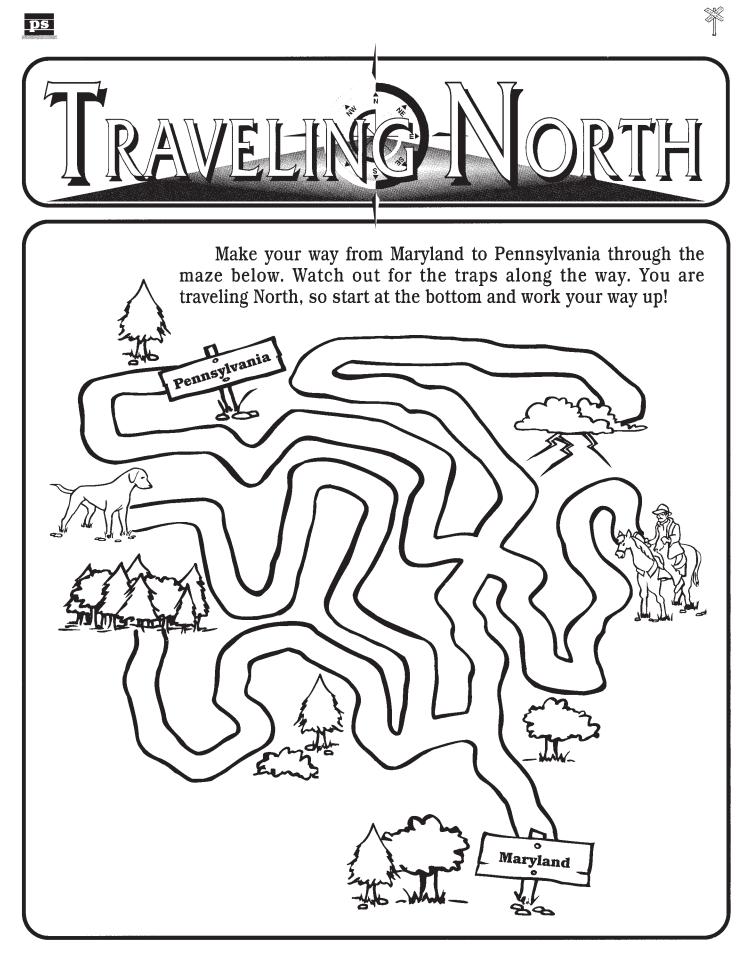
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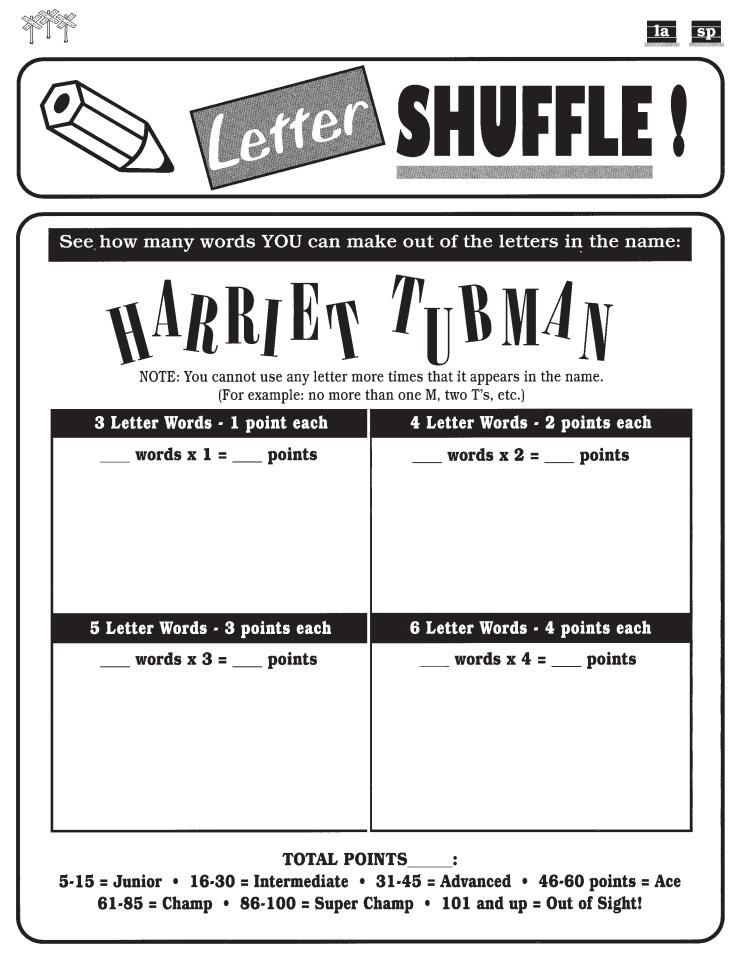
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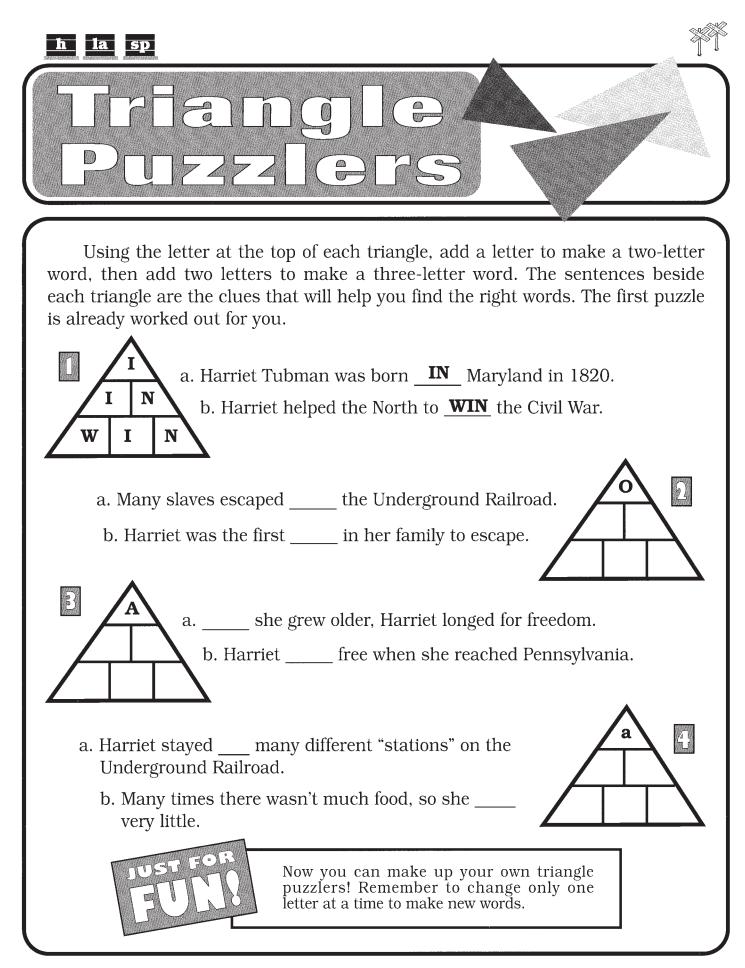
For those wishing to further study the life of Harriet Tubman, some of the references used in research for the Resource & Activity Book are listed below, along with other titles that may be of interest.

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- Kallen, Stuart, Days of Slavery: A History of Black People in America 1619-1863, Abdo & Daughters, Edina, Minnesota, 1990.
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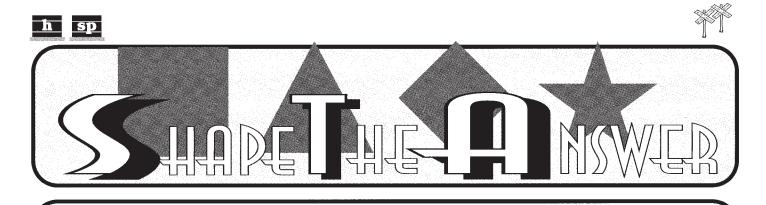




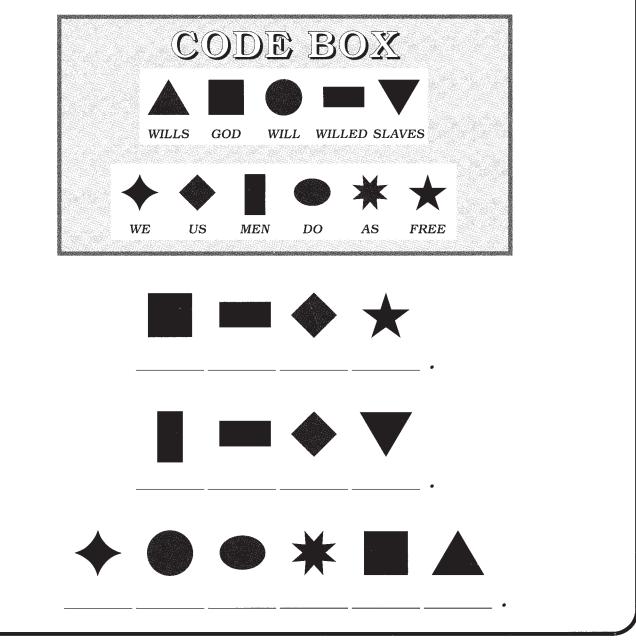






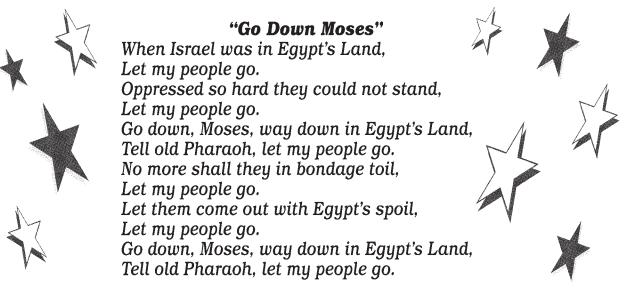


The secret message below is something that Harriet Tubman told people when she talked about slavery. Decode the message by matching the shapes in the coded message with the shapes in the Code Box. Write the word on the blank.



The Southern slaves longed for freedom. Even their songs told of their hope of freedom. Many of the slaves became Christians in America and created their own spiritual songs. Many times these spiritual songs would have two meanings, one meaning for the Bible story and another meaning for the slaves' lives.

"Go Down Moses," a popular black spiritual, had two meanings to its words. One meaning told about Moses in the Bible and the other told about what the slaves were enduring every day. Read the words to this song and then answer the questions at the bottom of the page.

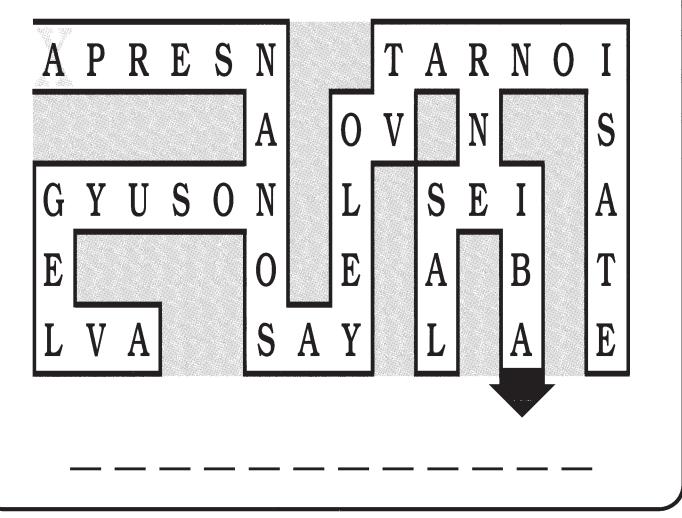


- 1. What was the slaves' personal meaning for "Egypt's Land"?
- 2. What place would have been considered "the Promised Land" in the slaves' lives?
- 3. Who do you think was the "Pharaoh" in the slaves' lives?
- 4. Why do you think Harriet Tubman was given the nickname "Moses of her people"?



Harriet traveled almost ninety miles from her home in Maryland to her freedom. She knew if she made it to a certain state she would be free. What was the name of the state?

Go through the maze and cross off every other letter starting with the "A." The remaining letters spell the name of the state that offered freedom to Harriet. Write the letters on the blanks below.

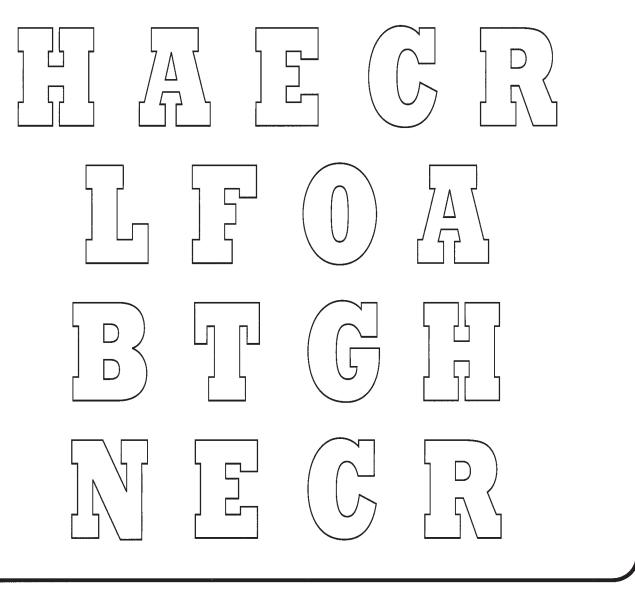




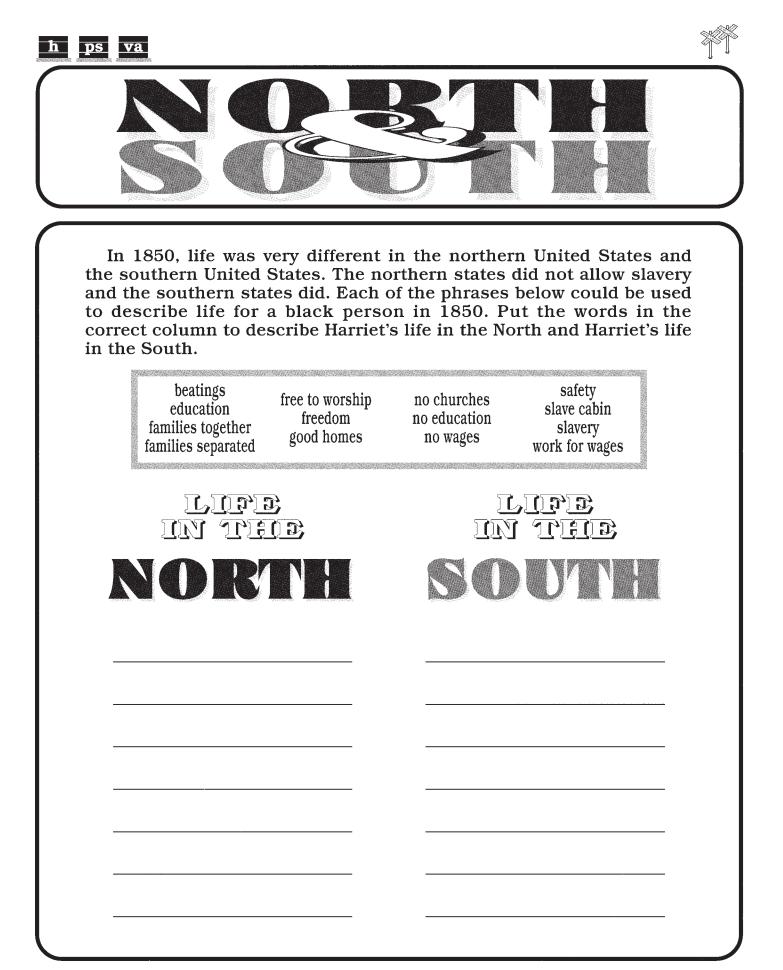


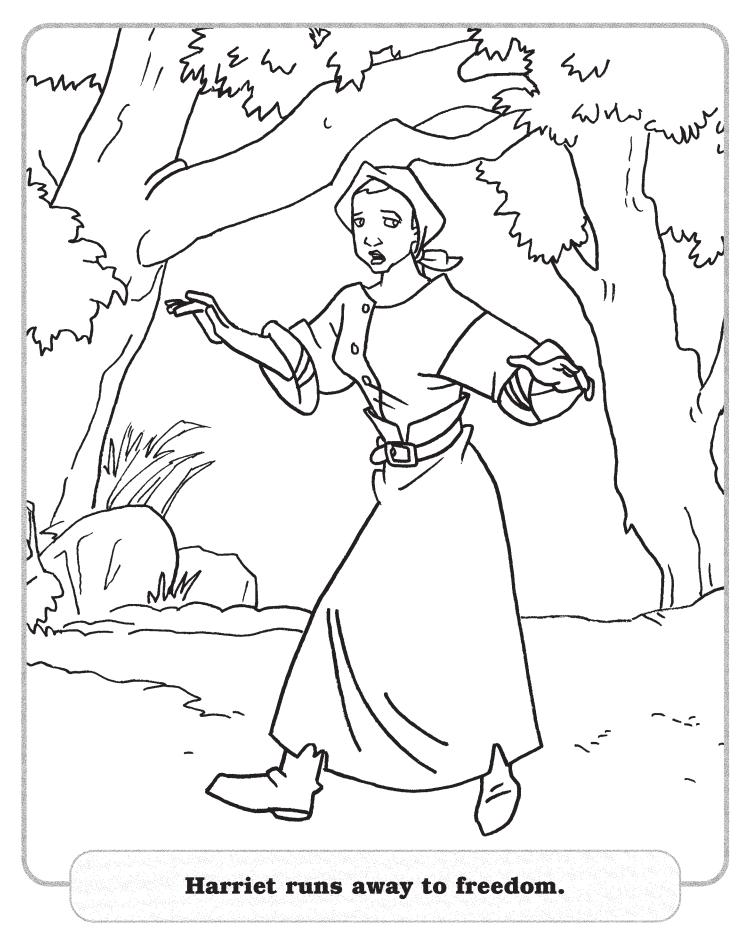
Someone taught Harriet Tubman how to survive in the woods. She learned which berries to eat and how to walk quietly without making a noise. This helped her on the Underground Railroad. Who was her teacher?

Find the answer by coloring every other letter starting with the "H." The letters you color will spell out the answer.



Ť				•								h	la p
CARLES CREEKS IN	rd a	s you	ı find	l it. I	Nord				art b en foi				
	up, down, or diagonally. CONDUCTOR MARYLAND RAILROAD COURAGE MOSES SLAVES FAMILY NORTH SOUTH FREEDOM OLD BEN TUBMAN HARRIET PENNSYLVANIA UNDERGROUND												
L	V	D	R	Η	Α	E	S	L	Α	V	E	S	D
Ζ	С	J	S	Μ	Τ	Q	E	B	Ι	0	Η	G	Ι
Τ	0	Y	С	Α	Χ	\mathbf{U}	S	Q	Τ	L	S	\mathbf{M}	Ο
\mathbf{U}	Ν	D	E	R	G	R	Ο	U	Ν	D	Η	Χ	U
Β	D	Ν	G	Y	Α	W	\mathbf{M}	S	W	Β	G	L	Y
\mathbf{M}	U	Ο	Α	L	B	\mathbf{M}	\mathbf{F}	R	E	E	D	Ο	Μ
Α	С	R	R	Α	0	\mathbf{F}	L	J	\mathbf{F}	Ν	Ρ	Ν	K
Ν	Τ	Τ	U	Ν	F	Α	Μ	Ι	L	Y	Τ	J	R
K	0	Η	0	D	R	Α	Ι	L	R	0	Α	D	G
\mathbf{U}	R	E	С	Τ	E	Ι	R	R	Α	Η	Ν	Ζ	Ο
С	Ρ	E	Ν	Ν	S	Y	L	V	Α	Ν	Ι	Α	V







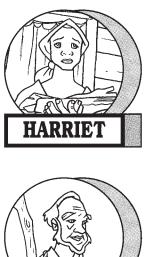
Read the riddles below about characters from the story of Harriet Tubman. Draw a line from each riddle to the character it represents.

When Harriet came, I covered my eyes, Because I wouldn't tell Master Thompson lies.

I don't care for those whose skin is black, But if they run away, I'll try to get them back.

I helped passengers ride a secret train, To set them free from their slavery and pain.

I am the mother of a truly brave girl, And she brought freedom to my dark, sad world.









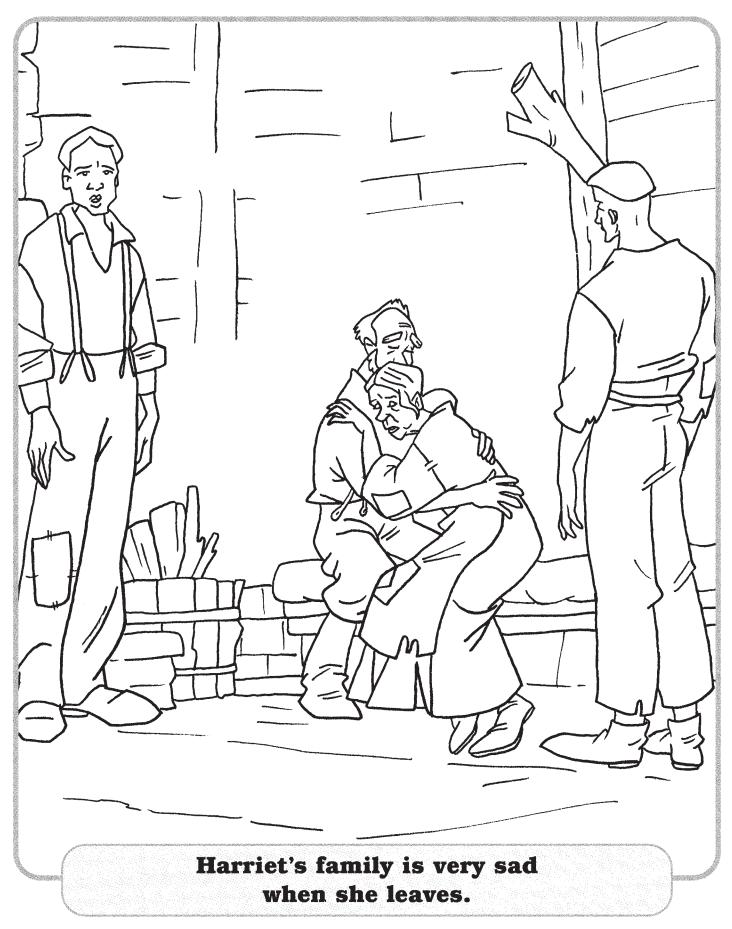
TT.	h m ps
	INDERGROUND JUZZA BASS
ſ	Solve these equations to answer the questions
1.	What year was Harriet Tubman born? $182 \times 10 = $
2.	How many brothers and sisters did Harriet Tubman have? 75 - 65 =
3.	How old was Harriet Tubman when she ran away from Maryland? $\mathbf{6 \ x \ 5} = $
4.	Harriet worked on the Underground Railroad for about how many years? $13 + 7 = $
5.	How many slaves were freed by the Underground Railroad? $32 \times 100 =$
6.	How many slaves did Harriet Tubman help to escape? $30 \times 10 =$
7.	What year did the slaves officially gain their freedom because of a new law? $186 \ge 10 = $
8.	Which amendment to the United States Constitution guaranteed freedom for the slaves? (These amendments are known by numbers.) $36 - 23 = _\th$
9.	How old did Harriet Tubman live to be? $3 \times 31 =$



Quilt-making is a hobby and craft that has been practiced in America for hundreds of years. Americans have often used their quilts to tell the history of their families. Each square of fabric represented a page in their family's history. Sometimes the squares were made from fabrics that held a special memory. Many times the squares were decorated with pictures, words, and symbols (stitched with colorful thread) to represent events in their lives.

Using the squares below, design and color a history of the slaves who used the Underground Railroad. Be creative and use your imagination!

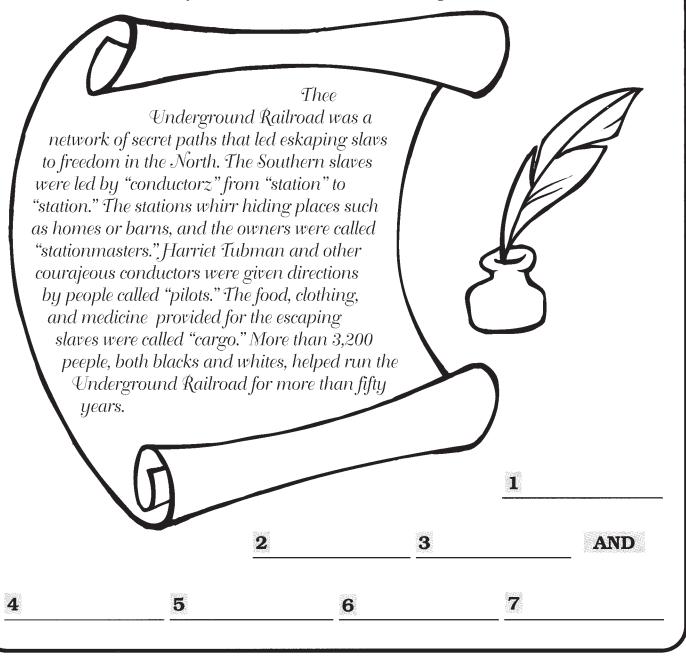
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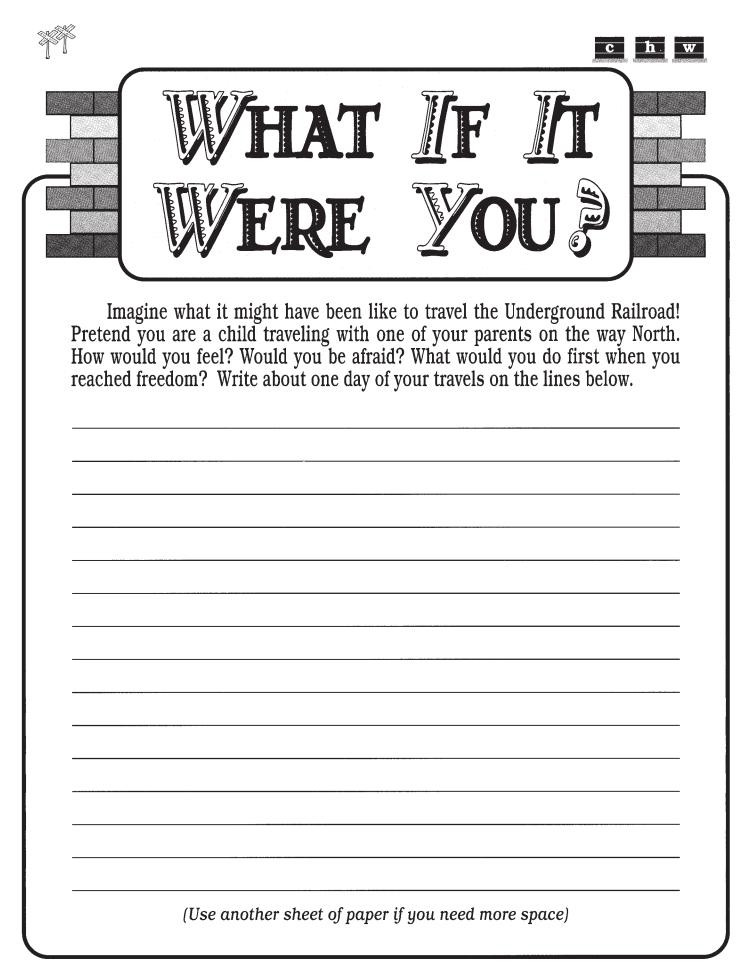
ALL AMERICAN SPELLING BEE

Read the following paragraph about the Underground Railroad. There are seven misspelled words somewhere within the sentences. Write the seven words correctly on the lines below and you will discover a secret message.



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sp



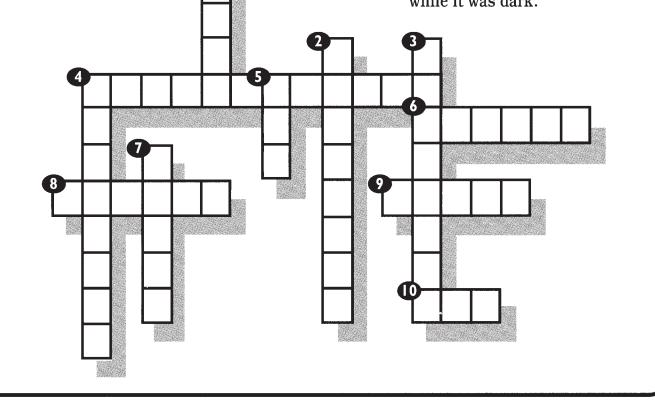


Across

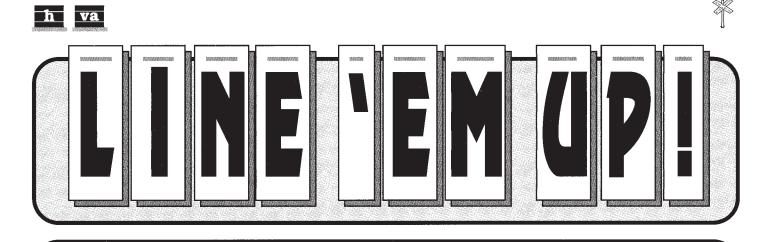
- **4.** Harriet escaped to this free state.
- **6.** A \$40,000 _____ was offered to anyone who would find "Moses."
- 8. Harriet first returned to the South to free her
- **9.** In 1849, some U.S. states were free states and some were ______ states.
- **10.** The overseer hunted for runaway slaves with his ______.



- **1.** Harriet Tubman's nickname.
- 2. Slaves escaped by traveling the Underground _____
- **3.** Harriet was born and raised in this state.
- **4.** Harriet hid in a wagon under a load of ______ as she traveled the Underground Railroad.
- **5.** Thompson knew Old Ben would not tell a _____.
- **7.** Slaves often escaped at ______ while it was dark.







Each one of the sentences below tells part of the story of Harriet Tubman and the Underground Railroad. Number the sentences from 1 to 4 in the order that the events happened. If you number the sentences correctly, the first letters of the sentences will spell a word that describes Harriet's new life in the North.

C ven after she was safe in Pennsylvania, Harriet wanted to go back and rescue her family.

K unning away was dangerous, but Harriet decided to try it anyway.

rom sunrise to sunset, Harriet worked hard on her master's plantation.

Cach one of Harriet's family members was brought to safety on the Underground Railroad.

ps sp

There are two steps to this puzzle. First, black out every letter that appears four times or more. Then copy the remaining letters from left to right to spell a word that meant freedom for Harriet when she ran away from her master.

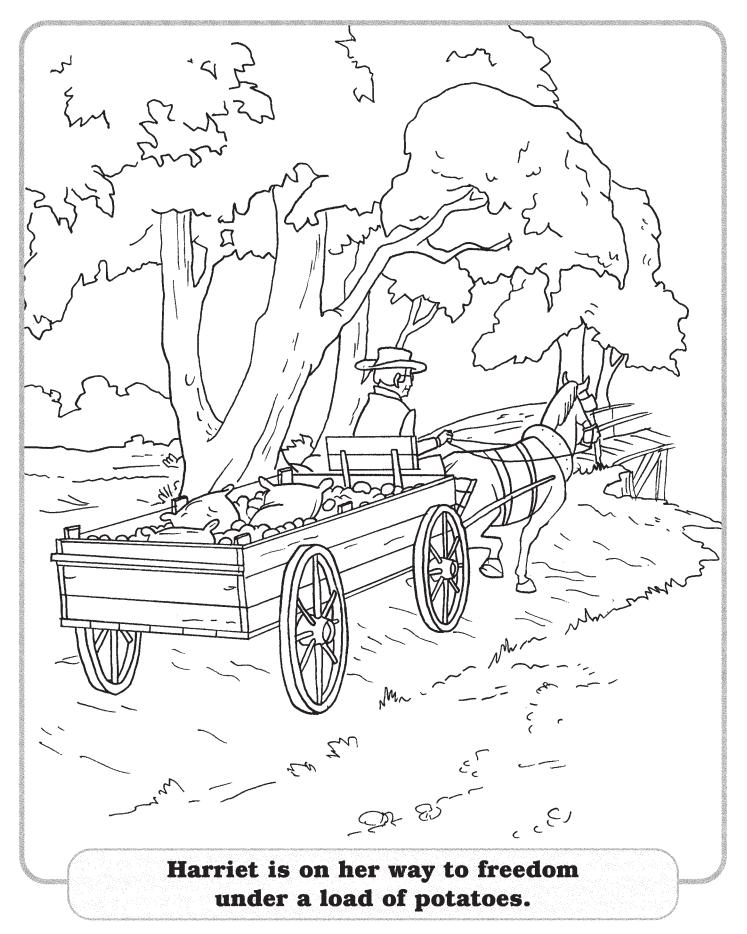




Use words from the box to fill in the blanks in this story. You'll read about the brave workers on the Underground Railroad. (Hint: you will not use all the words in the box.)

Word Box											
help	3,200	South	United States								
people	slaves	workers	slaveowners								
white	human	Railroad	seventeen								
white	human	Railroad	seventeen								

All kinds of people worked on the Underground _______. Most of the workers were ordinary _______, such as shopkeepers and farmers, who did what they could to help the slaves find freedom. Some of the _______ were more well-known: ministers, businessmen, and even millionaires. These were noble black and _______ Americans working together to help their fellow _______ beings. Many were former _______, like Harriet Tubman, who wanted to ______ others find freedom. It is said that Harriet made _______ trips back to the ______ after she had escaped. The courageous deeds of the Underground Railroad workers helped more than ______ slaves find a new life in the northern ______ and Canada.





You're a detective in 1840. Many slaves are escaping from their masters. The slaveowners want you to find how they are escaping. Solve the mystery using the clues below. See how few clues you need. The fewer the better!

CLUE 1	Illegal activity
CLUE 2	Involved hundreds of people - black and white
CLUE 3	Very secretive
CLUE 4	Road to freedom
CLUE 5	Imaginary train
CLUE 6	Had many "stations"
CLUE 7	Usually ran at night
CLUE 8	Used many "conductors"
CLUE 9	Went across many states
CLUE 10	Ran without rails
SOLUTIO	N:
	CLUES NEEDED:
	ues needed - GREAT DETECTIVE! les needed - SUPER DETECTIVE!

Slaves often had very little food or cooking tools, but they were creative with what they had. The "hoe cake" was named after a creative cooking method that slaves in Virginia used. The slaves would take the cornmeal they were given and mix it with water to create a simple kind of cornbread. Then they would heat the cakes in round shapes on their hoes. That's right, because they didn't have many tools for cooking, they cooked with the tools from the field!

OUTHERN COOKIN

You can make your own hoe cakes with the recipe below. This recipe will make 10 or 12 cakes, so invite your friends over and enjoy your cooking! (Ask a grown-up to help you with the boiling water and the hot skillet.)

HOE CAKES

Things you need:

medium bowl mixing spoon measuring cup skillet

measuring spoons spatula

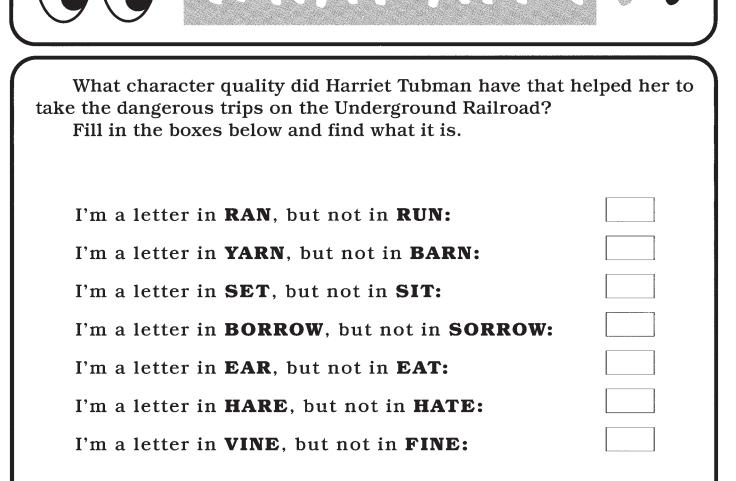
Ingredients:

- 2 cups white cornmeal (you can use yellow cornmeal, but
- the slaves used white)
- 1 teaspoon salt
- 1 tablespoon bacon grease
- boiling water

Instructions:

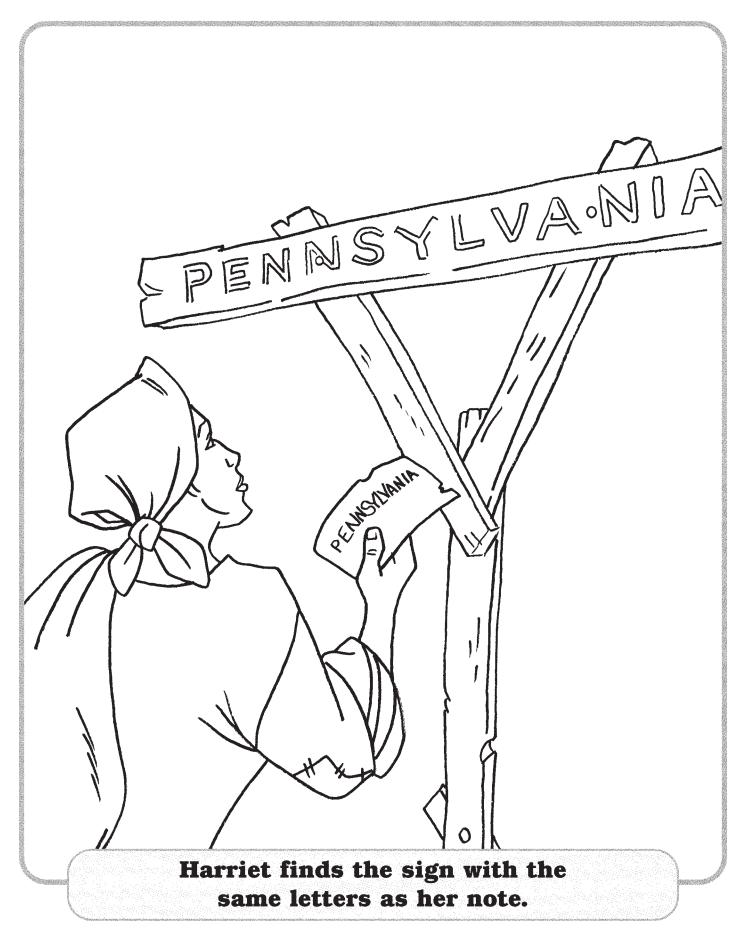
- 1. Stir cornmeal, salt, and bacon grease together in a bowl.
- 2. Stir in enough boiling water to create a thick and wet batter. Add water a little bit at a time. The batter should not be stiff or runny.
- 3. Heat a greased skillet and drop spoonfuls of the batter in round shapes (like small pancakes).
- 4. Turn the cakes with a spatula when one side has browned. Pat the cake down and cook the other side. Remove the cakes when both sides are brown.
- 5. Enjoy!

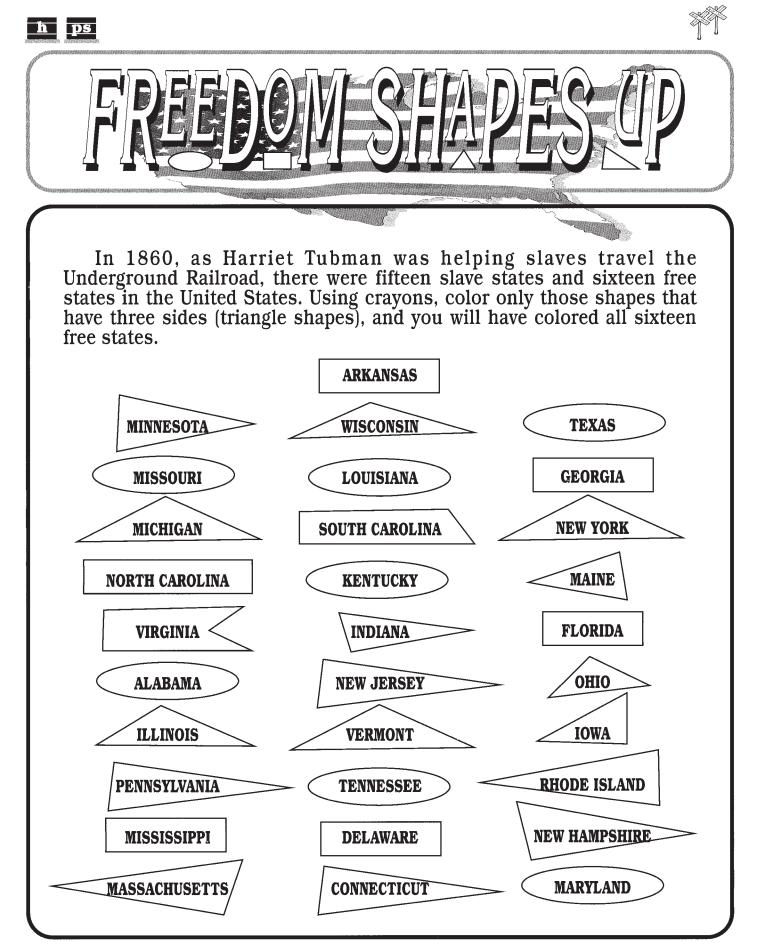




Unscramble the letters in the boxes to find what I am.

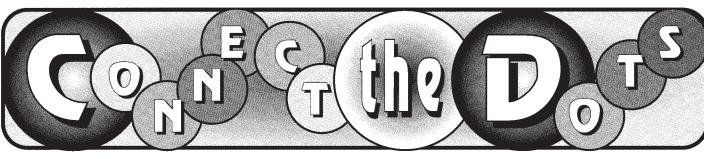
What other character qualities do you think Harriet Tubman had?



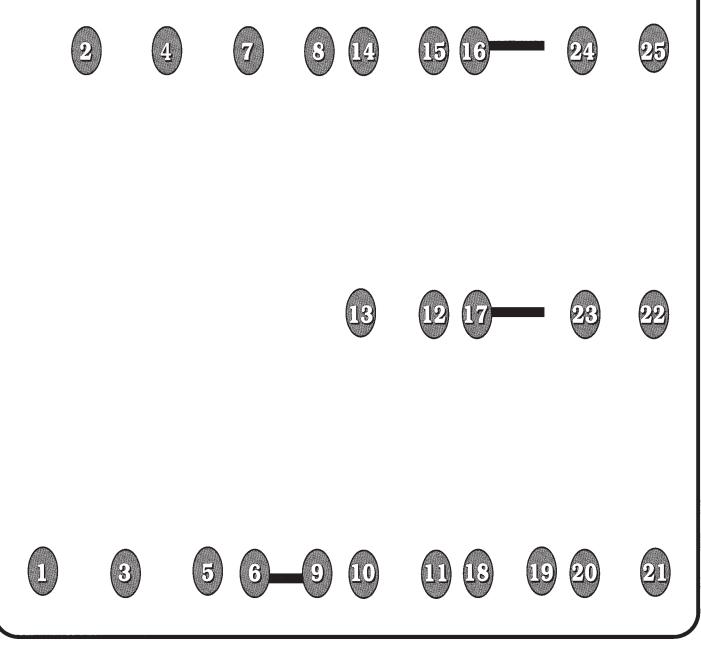








Connect the dots from 1 to 25 to reveal the nickname that Harriet Tubman earned on the Underground Railroad.







Who were the first ones that Harriet Tubman "conducted" to freedom on the Underground Railroad? Solve the puzzle to find the answer.

STEP ONE: Look at each number below. If it is odd, circle the letter in the odd column. If it is even, circle the letter in the even column.

	8	1	10	15	7	5	18	20	4	2	9	13	16	3	11	6	12	14	21	17	19
EVEN:	H	0	R	T	B	E	T	E	R	A	T	N	H	P	G	F	A	M	N	A	P
ODD:	S	E	A	S	Ι	S	R	H	Ι	L	N	D	0	E	R	0	W	L	Ι	L	Y

STEP TWO: Write the circled letters in the spaces below to find the answer.



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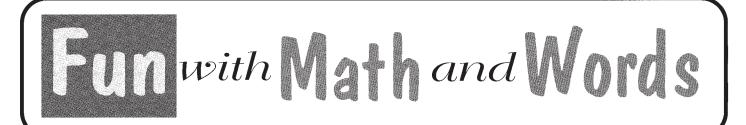
Harriet Tubman was a "conductor" on the Underground Railroad. Decode her special message that she always told to people wherever she went.

To decode the message below, match the code letter below each blank with the letter in the top row of the Code Box. Write the matching letter from the bottom row of the Code Box on the blank above the code letter.

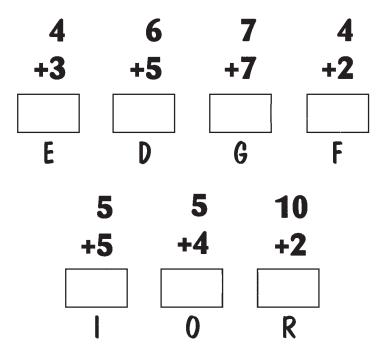
	BCD XW	E		G T	H	C I R	ı J Q	K P	L	≥ M N	N M	: 0 L		י D J	X R I	S H	T G		V E	W D	X C	Y B	Z A
		•		-	0	Ι	ष्ठ	1		14			IX	J	1		u	I	Ľ	D	C	D	Α
R	$\overline{M} \overline{V}$	Ē	V	Ī	- -	-	Ī	Z	M		N	B		G	r]	2	7]	R	M		L	Ū	Ū
						(- C	S	V		G	Ī	$\overline{\mathbf{Z}}$	X	Ē	-							
R	$\overline{M} \overline{V}$	Ē	V	Ī	- -	(- - -	L	H	G		\overline{Z}		K	ŻŻ	ĒĒ	Ī	H	V	M	T	Ī	Ī

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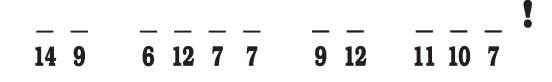
h m ps



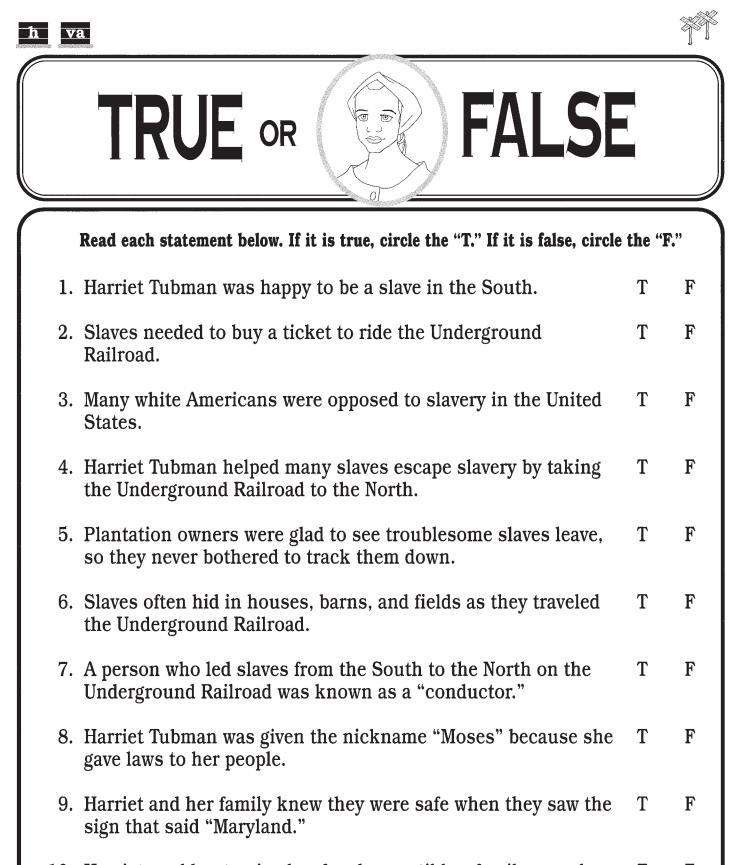
Whenever a "passenger" on Harriet Tubman's Underground Railroad was too afraid to keep going, Harriet would always threaten them. What would she say to keep them on the road to freedom?



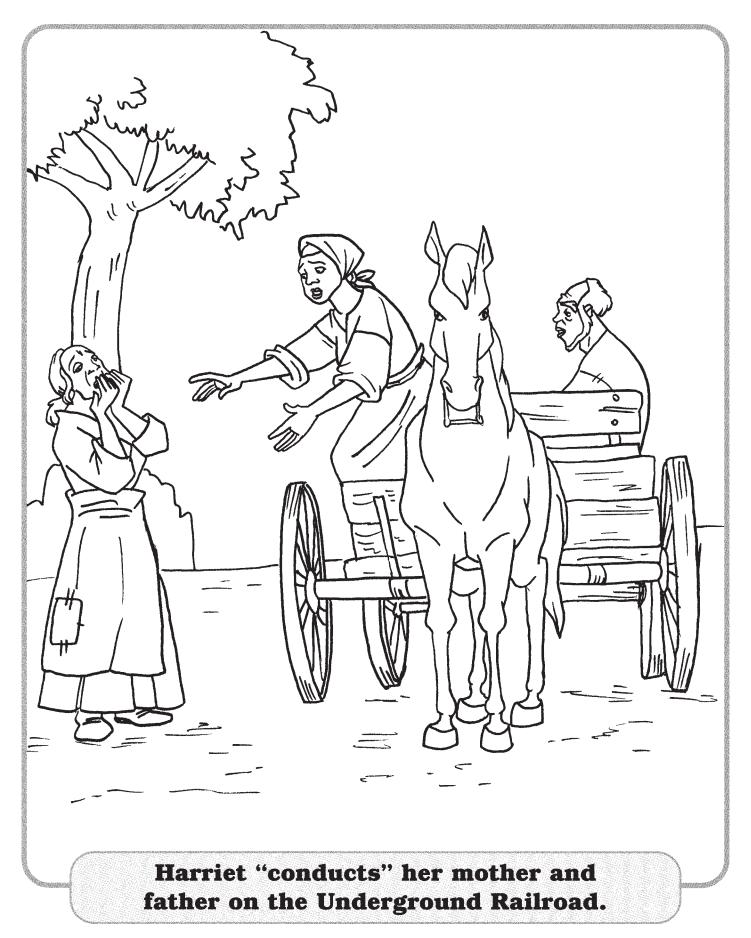
The sums of the addition are code numbers for the letters below them. In the spaces below, write the correct letter above each code number.



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10. Harriet could not enjoy her freedom until her family was also T F free.



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- 1. How were Harriet and her family treated by their owner?
- 2. Where did slaves have to go to find freedom in the United States?
- 3. How did Harriet Tubman plan to escape from her master?
- 4. What did Harriet do to trick the hunting dog that was tracking her as she escaped?
- 5. If the Underground Railroad was not underground or a railroad, why do you think it was called this name?
- 6. What state did Harriet escape to for safety?
- 7. What unexpected thing did Harriet do once she had reached freedom?
- 8. Why did people begin to call Harriet "Moses"?
- 9. Who were the last members of Harriet's family to be rescued?
- 10. Who helped Harriet escape by taking pins out of Thompson's carriage?
- 11. What kind of jobs did Harriet do during the Civil War?
- 12. How did Harriet continue to help people even after the Civil War?



NOTE TO THE TEACHER: These are activities for a group to discuss and think about.

1. There were many other men and women who wanted to help slaves gain their freedom. Read about other people such as Sojourner Truth, Frederick Douglass, and Harriet Beecher Stowe who used lectures, newspapers, and books to tell people why slavery should be ended.

2. Slave owners usually did not like to let their slaves learn to read or write. Why do you think this is so? It has been said that "readers are leaders." How would this have been true for the slaves?

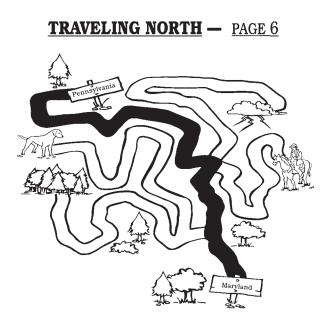
3. Many brave people endangered their lives and homes to help slaves escape to the North. Pretend you are a "Stationmaster" on the Underground Railroad. Write a diary entry that you think you might have made while helping a slave escape.

4. The Thirteenth Amendment to the Constitution was ratified in 1865 when Harriet Tubman was 45 years old. Read a copy of this amendment and think about how Harriet must have felt when she learned about this new law.

5. How is the story of American black slavery similar to the slavery the Israelites endured in Egypt thousands of years ago? Read the book of Exodus to see how God freed those people. Do you see why they nicknamed Harriet Tubman as "Moses"?



ANSWER KEY



LETTER SHUFFLE – PAGE 7

air	beat	hate	mat	ran	team
ate	beaten	hear	mate	rare	tear
bait	bet	heat	mean	rat	that
bam	but	heater	meat	rate	them
ban	eat	hem	men	ream	their
bar	eaten	hen	merit	rim	thin
bat	habit	hire	mare	rut	tie
bate	hair	hit	mine	sat	time
beam	ham	item	nab	sit	timer
bean	hat	man	near	site	tire
bear	hare	mane	rabbit	tar	tub

TRIANGLE PUZZLERS - PAGE 8

1.a.	IN	2.a.	ON	3.а.	AS	4.a. AT
1.b.	WIN	2.b.	ONE	3.b.	WAS	4.b. ATE

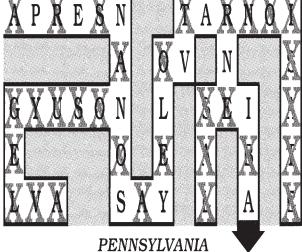
SHAPE THE ANSWER – PAGE 10

GOD WILLED US FREE. MEN WILLED US SLAVES. WE WILL DO AS GOD WILLS.

SONGS OF FREEDOM - PAGE 11

- 1. The South
- 2. The North or any place that was free.
- 3. Slaveholders
- 4. Because she rescued them from the slaveholders





SURVIVAL SKILLS — PAGE 14



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L V D R(H S LAV E S E D M C S 0 Ζ J E B H G T Q Ι T T Y С Т 0 A L S M O Х U Q (E R U N D GR 0 JT N D HXU N A W B D G Y M S W B GLY B M(F)RE E U 0 DO M M A L F N. Ρ A C R R A O F LJ Ν K T T U (FAMIL Y Τ J R N N Κ 0 (RAILROAD G U E ΤE IRRAH) R С Ν Z 0 ENNSYLVANI V C P A

WORD SEARCH — PAGE 15

NORTH & SOUTH - PAGE 16

<u>NORTH</u> education families together free to worship freedom good homes safety work for wages <u>SOUTH</u> no education families separated no churches slavery slave cabin beatings no wages

CHARACTER RIDDLES — PAGE 18

OLD BEN THOMPSON HARRIET RIT

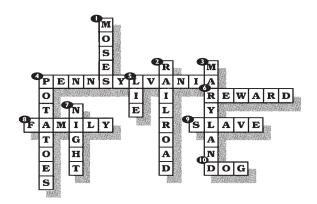
UNDE	RGROUND	NUMBERS	-	<u>PAGE 19</u>
1	1000	C	20	0
1.	1820	6.	30	0
2.	10	7.	18	60
3.	30	8.	13	th
4.	20	9.	93	}
5.	3200			

ALL-AMERICAN SPELLING BEE

- <u>PAGE 22</u>

<u>Misspelled - Correct</u> Thee - The eskaping - escaping slavs - slaves AND conductorz - conductors whirr -were courajeous - courageous peeple - people.

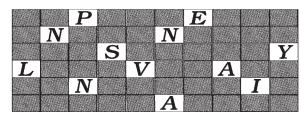
HARRIET'S CROSSWORD - PAGE 24



LINE 'EM UP - PAGE 26

FREE

LETTER BLACKOUT - PAGE 27



PENNSYLVANIA

FINISH THE STORY - PAGE 28

Railroad, people, workers, white, human, slaves, help, seventeen, South, 3200, United States.

BE A DETECTIVE! — PAGE 30

Underground Railroad

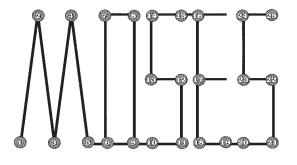
WHAT AM I? - PAGE 32

BRAVERY

FREEDOM SHAPES UP - PAGE 34

MINNESOTA MICHIGAN ILLINOIS PENNSYLVANIA MASSACHUSETTS WISCONSIN **INDIANA NEW JERSEY** VERMONT CONNECTICUT **NEW YORK** MAINE OHIO IOWA **RHODE ISLAND NEW HAMPSHIRE**

CONNECT THE DOTS - PAGE 35



EVEN OR ODD? — PAGE 36

HER SISTER AND HER FAMILY

MIX 'N' MATCH CODE - PAGE 38

I NEVER RAN MY TRAIN OFF THE TRACK. I NEVER LOST A PASSENGER.

FUN WITH MATH AND WORDS

- <u>PAGE 39</u>

GO FREE OR DIE!

TRUE OR FALSE — PAGE 40

1.	F	6.	Т
2.	F	7.	Т
3.	Т	8.	F
4.	Т	9.	\boldsymbol{F}
5.	F	10.	Т

<u>QUESTIONS</u> – <u>PAGE 42</u>

- 1. They were treated very poorly; they were beaten and whipped and sold.
- 2. They had to flee to the Northern States where slavery was illegal.
- 3. She planned to go North on the Underground Railroad.
- 4. She crossed the river, circled the ground, got back into the river, and floated.
- 5. The name meant that slaves were being transported in a speedy manner; a way that could not be seen.
- 6. She escaped to Pennsylvania.
- 7. She returned to Maryland to free her family and other slaves.
- 8. They called her Moses because she was leading her people to freedom just like Moses had done for the Israelites.
- 9. The last of Harriet's family to be freed were her parents.
- 10. Bo helped her escape by sabotaging the carriage.
- 11. Harriet was a spy and a nurse during the Civil War.
- 12. Harriet turned her own home into a refuge for people who were sick or poor.

