

COMPLETE LEARNING SYSTEM

The
Animated
from the **Stories**
of **Book**
Mormon™

Resource & Activity Book



Journey to the Promised Land

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Bryan Jensen, Margie Lee, Eric Fenton and Sonja Jorgenson

ISI *The
Living
Scriptures®*

Parent and Teacher Guide

The purpose of this Resource & Activity Book is to help individuals, families, and groups alike learn to use the scriptures in conjunction with the Living Scriptures **Complete Learning System DVDs** of *The Animated Stories of the Book of Mormon*[™]. The coloring pages, games, activities, scriptural references, and questions for each particular story are contained in separate sections of this book to help make complete study of the individual DVDs easier.

Scriptural Reference Sections. The Scriptural Reference sections contain a comprehensive, alphabetical listing of the scriptural topics and principles that are found in each of the animated stories. After each topic is listed, the scriptural reference or references can be found.

References preceded with a “see” do not completely state all of the information indicated. They do, however, relate to that topic and are good sources for that entry.

References with a “+” sign indicate that many of the scriptures immediately following that reference also go along with that particular topic or principle.

Points to Ponder. There are no answers indicated for Points to Ponder in the Answer Key. We have included these questions for the sole purpose of encouraging both children and adults to think and study more about these topics.

Questions. Answers to some of the questions are not found within the DVDs. These are “expert questions,” in most cases, and were designed so children, together with their parent, teacher, or caregiver, will turn to the scriptures to find the answers. The references where each story can be found is indicated at the bottom of each page.

Living Scriptures hopes that this Resource & Activity Book will make your *Animated Stories from the Book of Mormon* DVDs become even more valuable as you study the scriptures and learn more about our Savior, Jesus Christ, and His prophets on the earth.

“For he that diligently seeketh shall find; and the mysteries of God shall be unfolded unto them, by the power of the Holy Ghost, as well in these times as in times of old, and as well in times of old as in times to come; wherefore, the course of the Lord is one eternal round.”

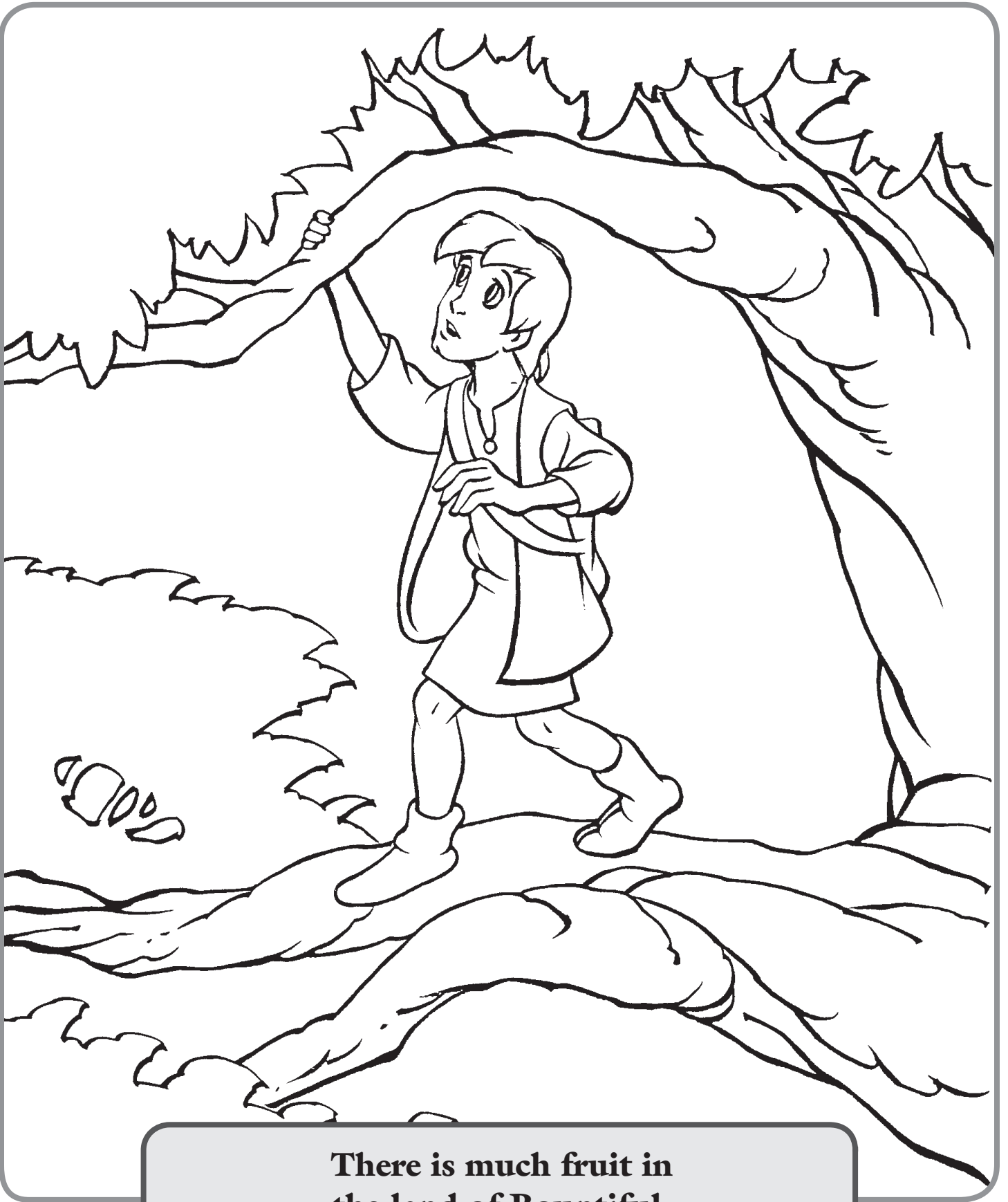
1 Nephi 10:19

PERMISSION TO REPRODUCE

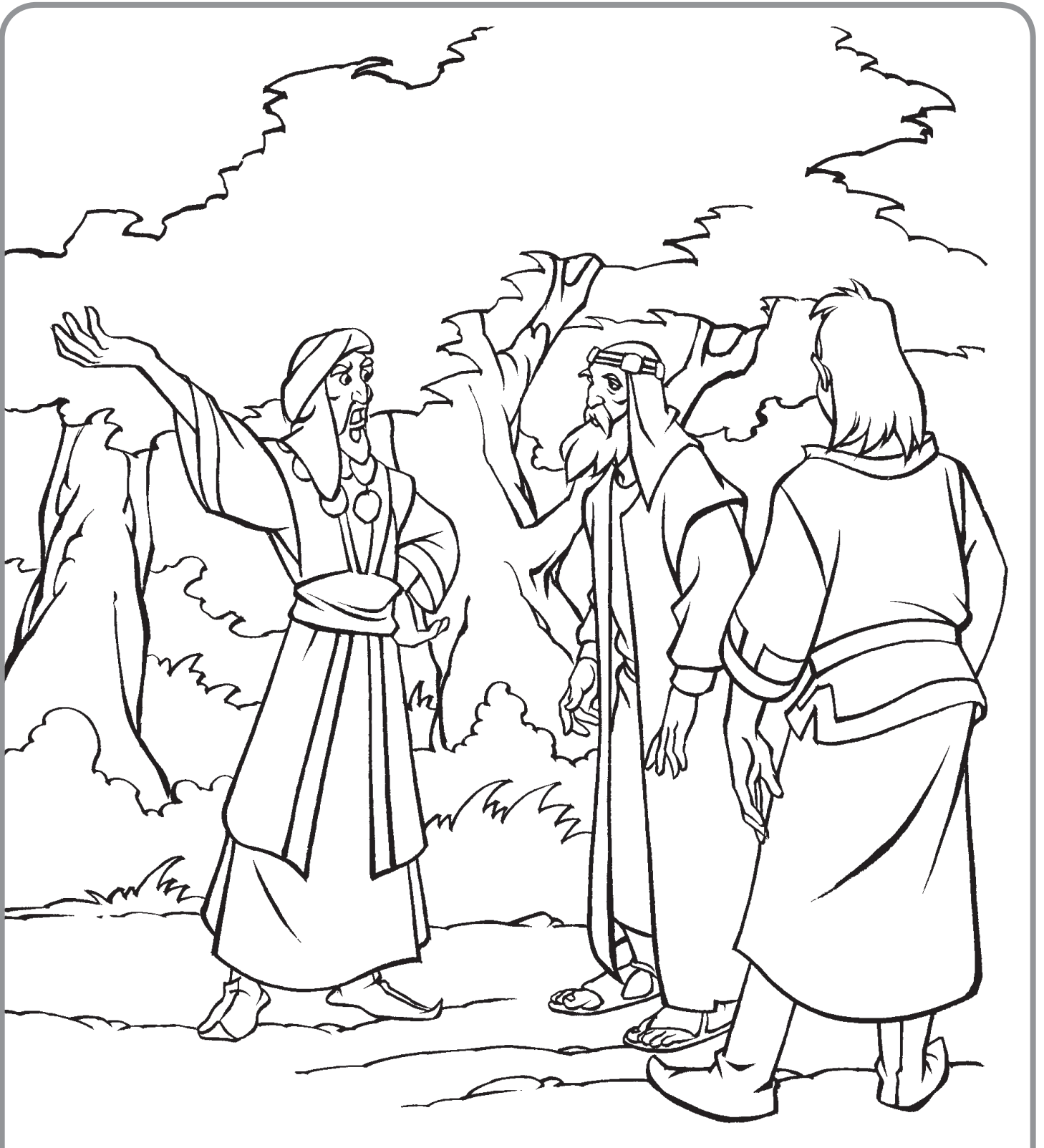
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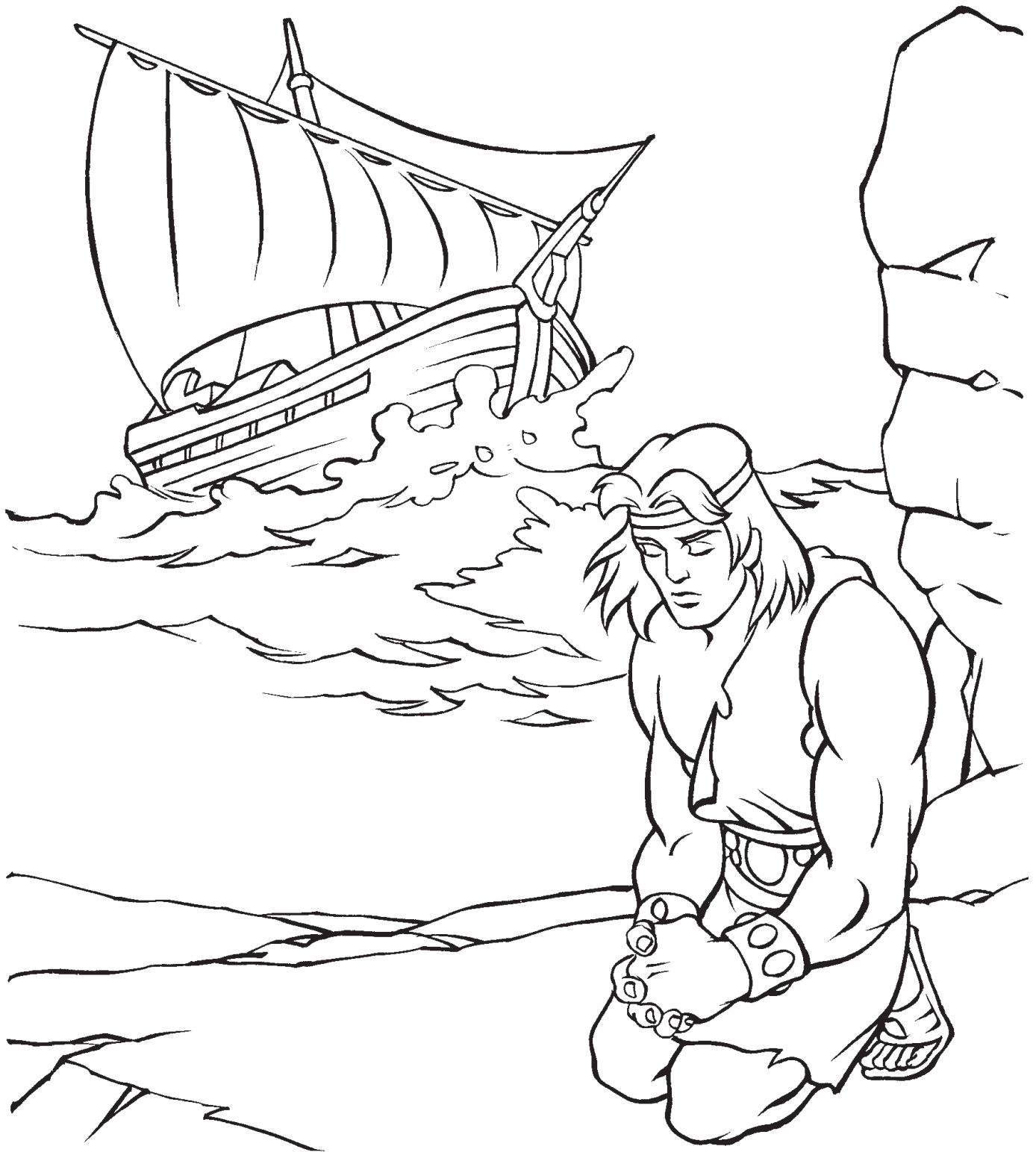


**There is much fruit in
the land of Bountiful.**
1 Nephi 17:5-6



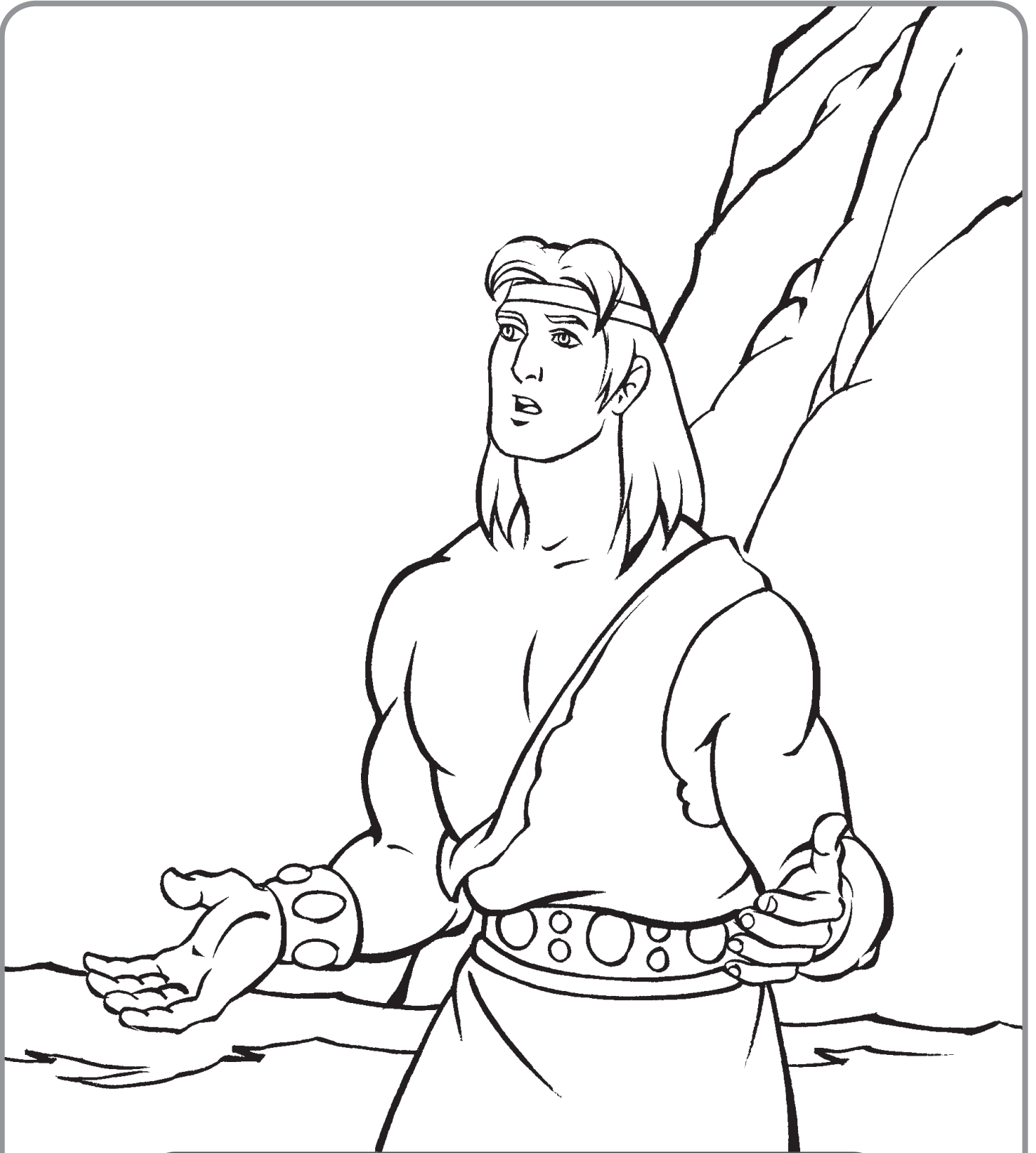
Laman and Lemuel are angry when Lehi tells them Bountiful isn't the Promised Land.

see 1 Nephi 17:4–6



**The Lord commands
Nephi to build a ship.**

1 Nephi 17:7-8



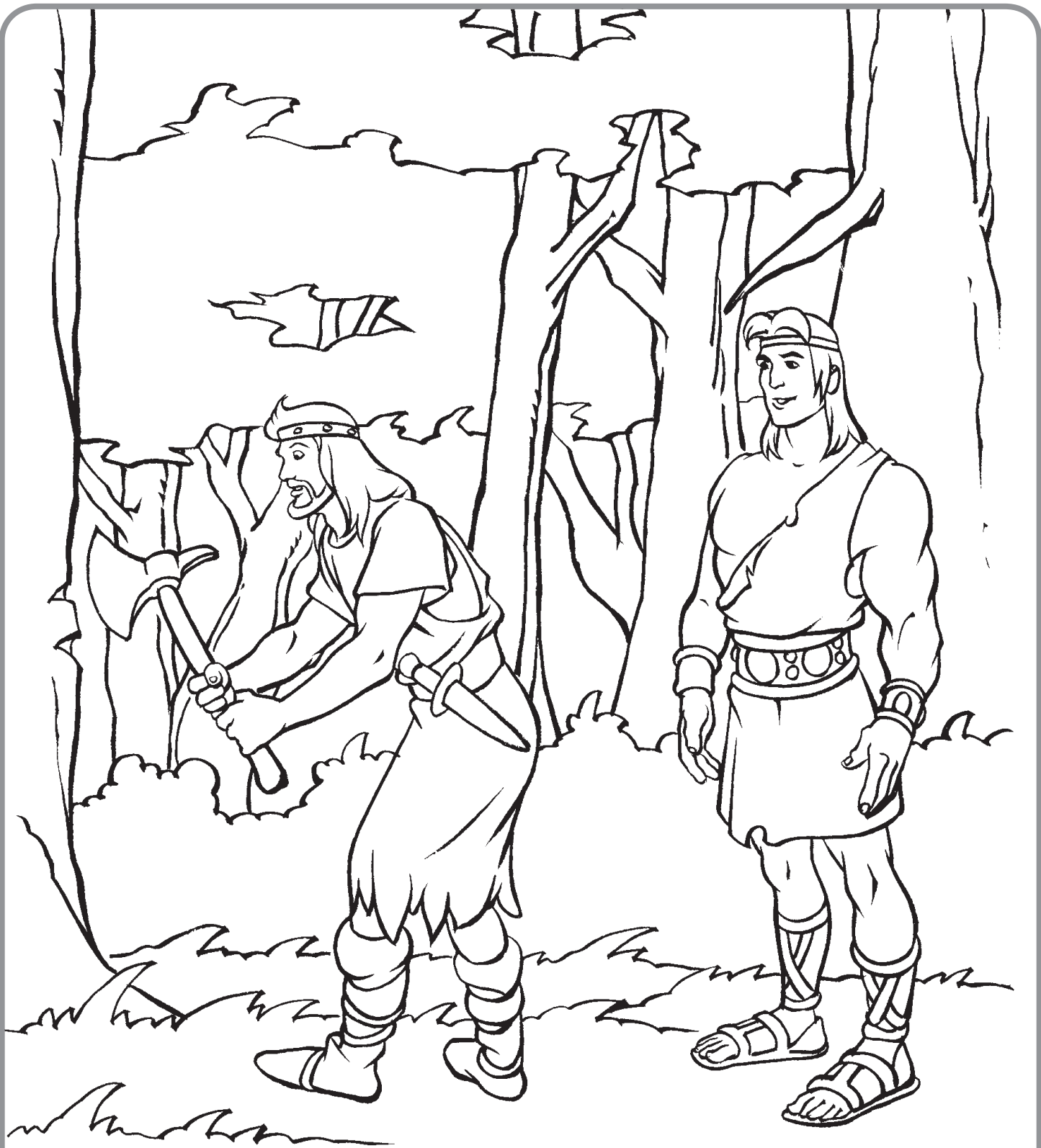
**Nephi asks the Lord where to
find ore so he can make tools.**

1 Nephi 17:9–10



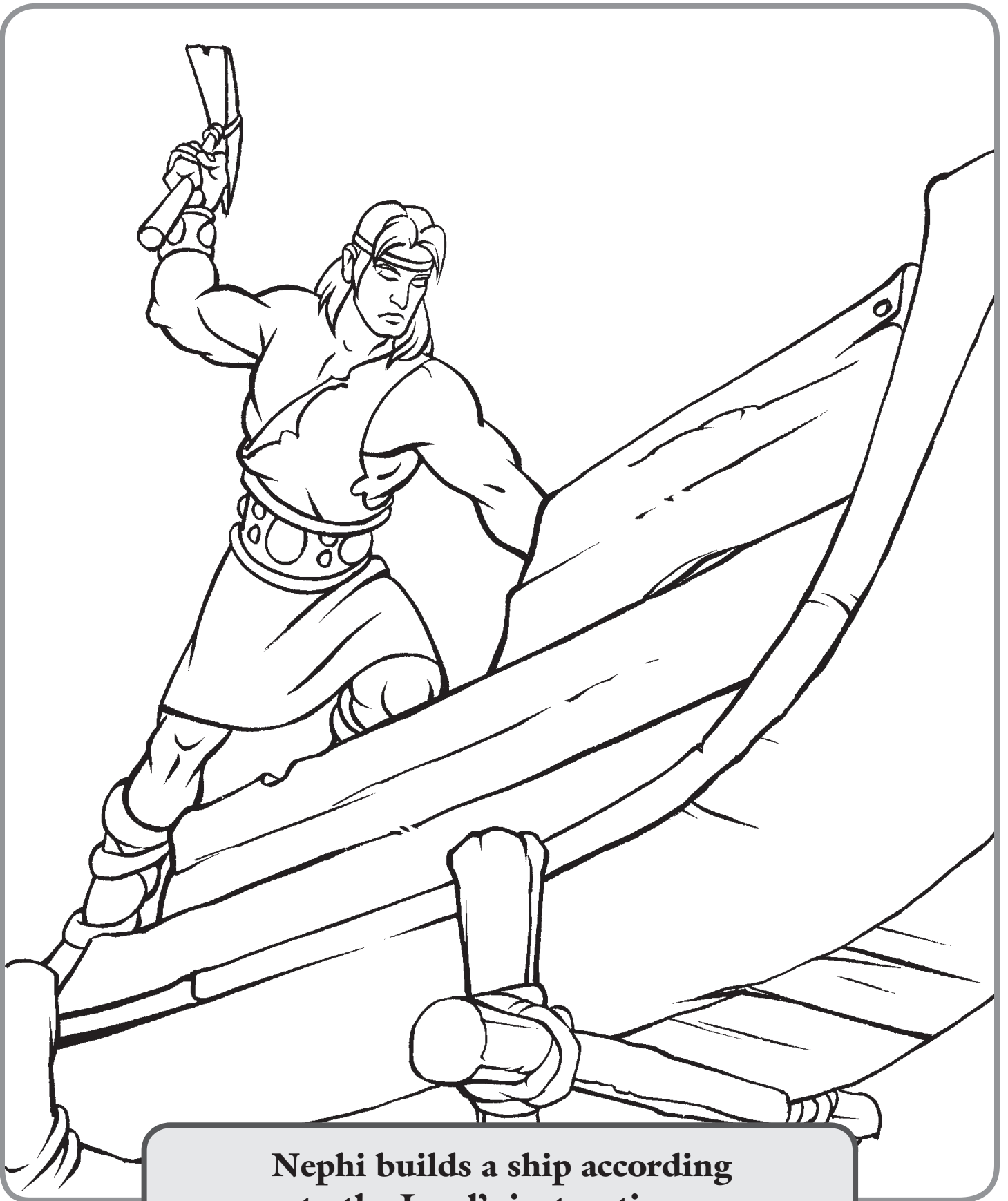
Nephi makes a bellows to blow the fire.

1 Nephi 17:11



Sam helps Nephi chop wood for the ship.

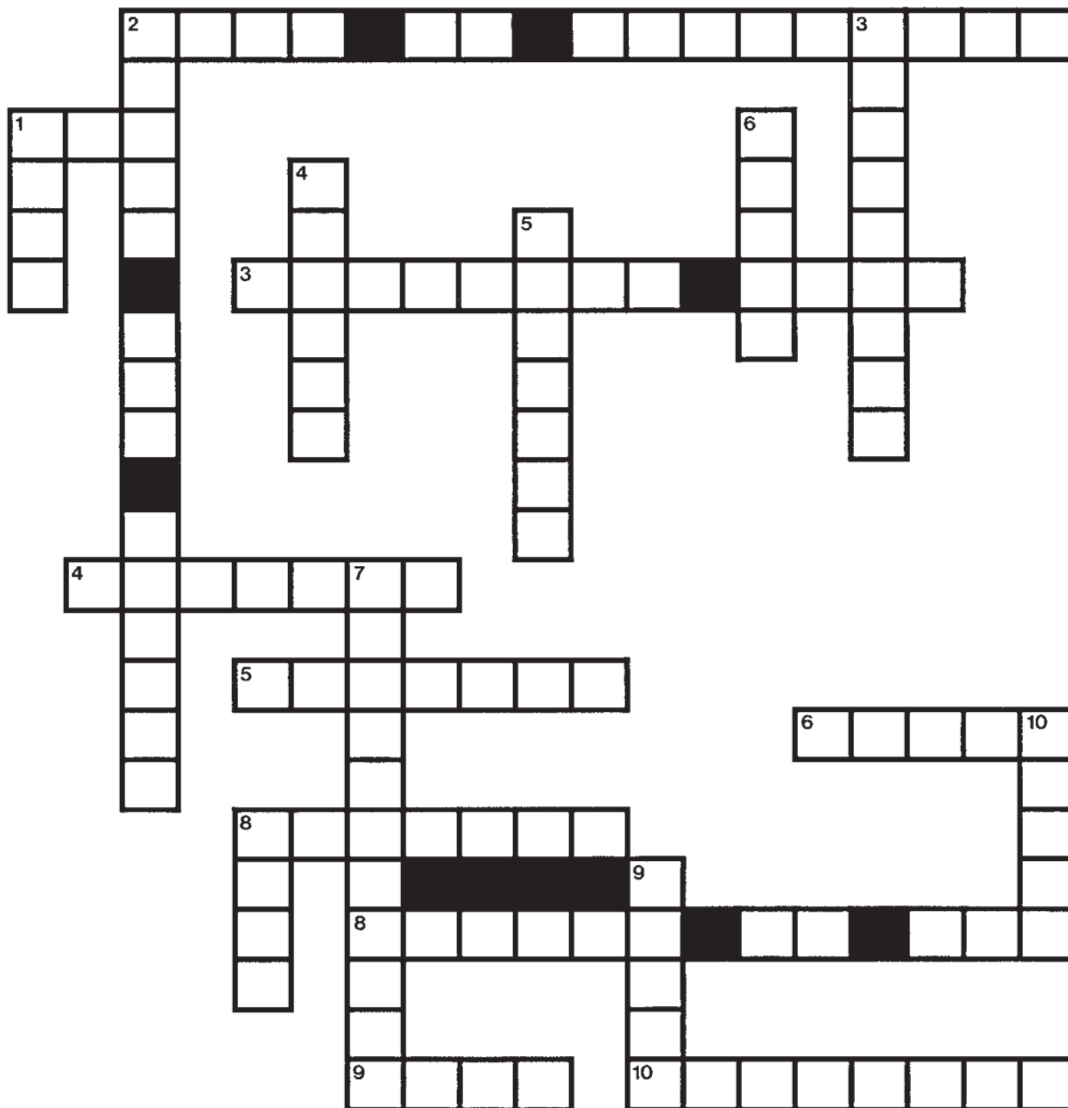
see 1 Nephi 18:1



**Nephi builds a ship according
to the Lord's instructions.**

1 Nephi 17:8; 1 Nephi 18:1–4

JOURNEY TO THE PROMISED LAND



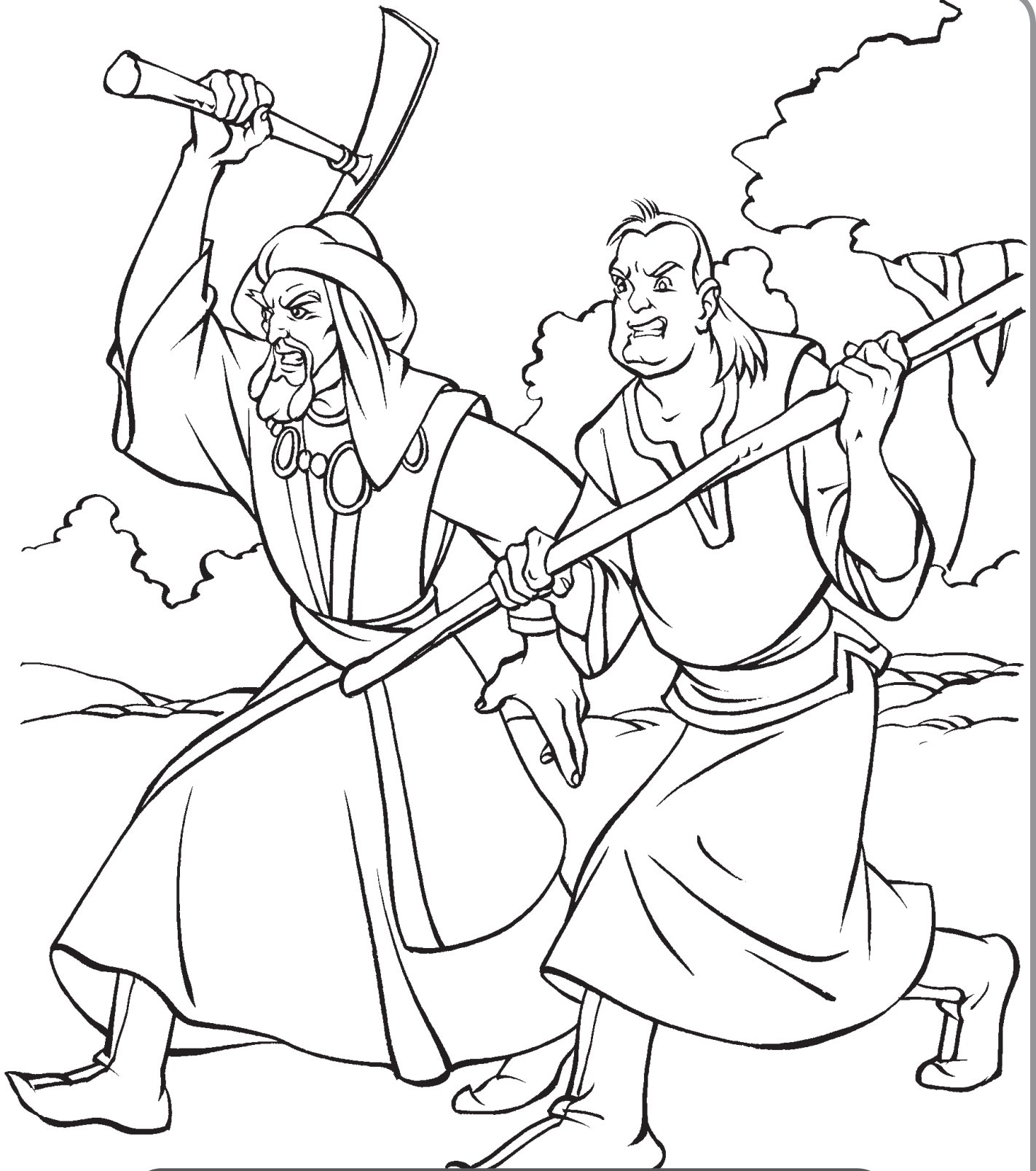
DOWN:

1. What Nephi was commanded to build.
2. Nephi's rebellious brothers. (3 words)
3. Another word for many waters.
4. Name of Nephi's mother.
5. The children of _____ traveled to the Promised Land with Lehi's family.
6. What Nephi used ore to make.
7. The construction of the ship was of curious _____.
8. Instructed Nephi on how to build the ship.
9. Almost caused destruction of the ship.
10. What Laman and Lemuel did to Nephi on the ship.

**For additional help, read 1 Nephi 17-19.

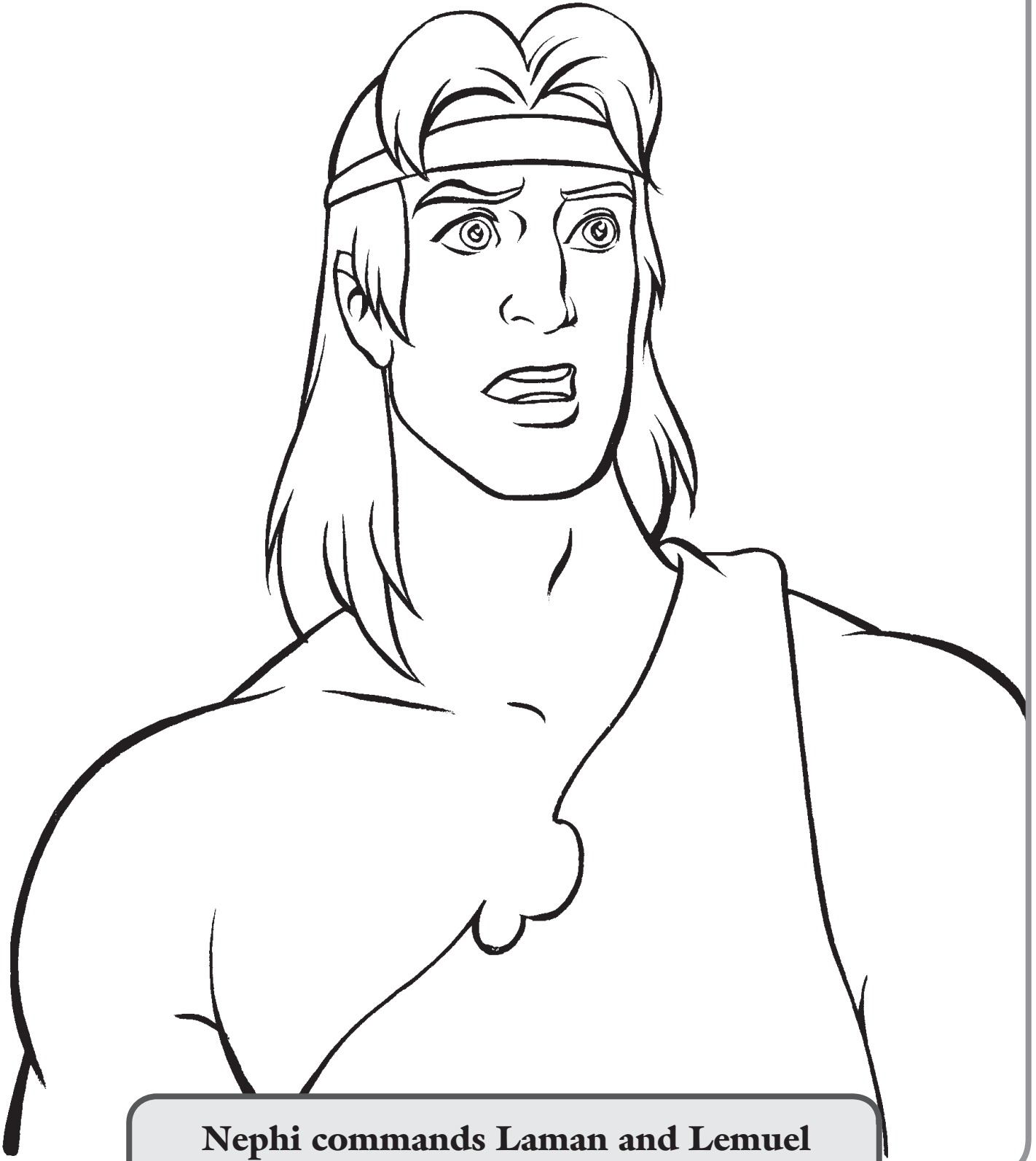
ACROSS:

1. Nephi's older, righteous brother.
2. Name of land Lehi and family lived in by the sea. (3 words)
3. Final destination of Lehi and family. (2 words)
4. What Nephi made to blow the fire.
5. Nephi told Laman and Lemuel not to _____ their younger brother.
6. Nephi's younger, righteous brother.
7. "Touch me not, for I am filled with the _____." (3 words)
8. Ball or director.
9. What Nephi did to stop the storm.
10. Where Nephi prayed to the Lord.



**Laman and Lemuel are
murderers in their hearts.**

1 Nephi 17:44; 48



**Nephi commands Laman and Lemuel
not to touch him.**

1 Nephi 17:48–51



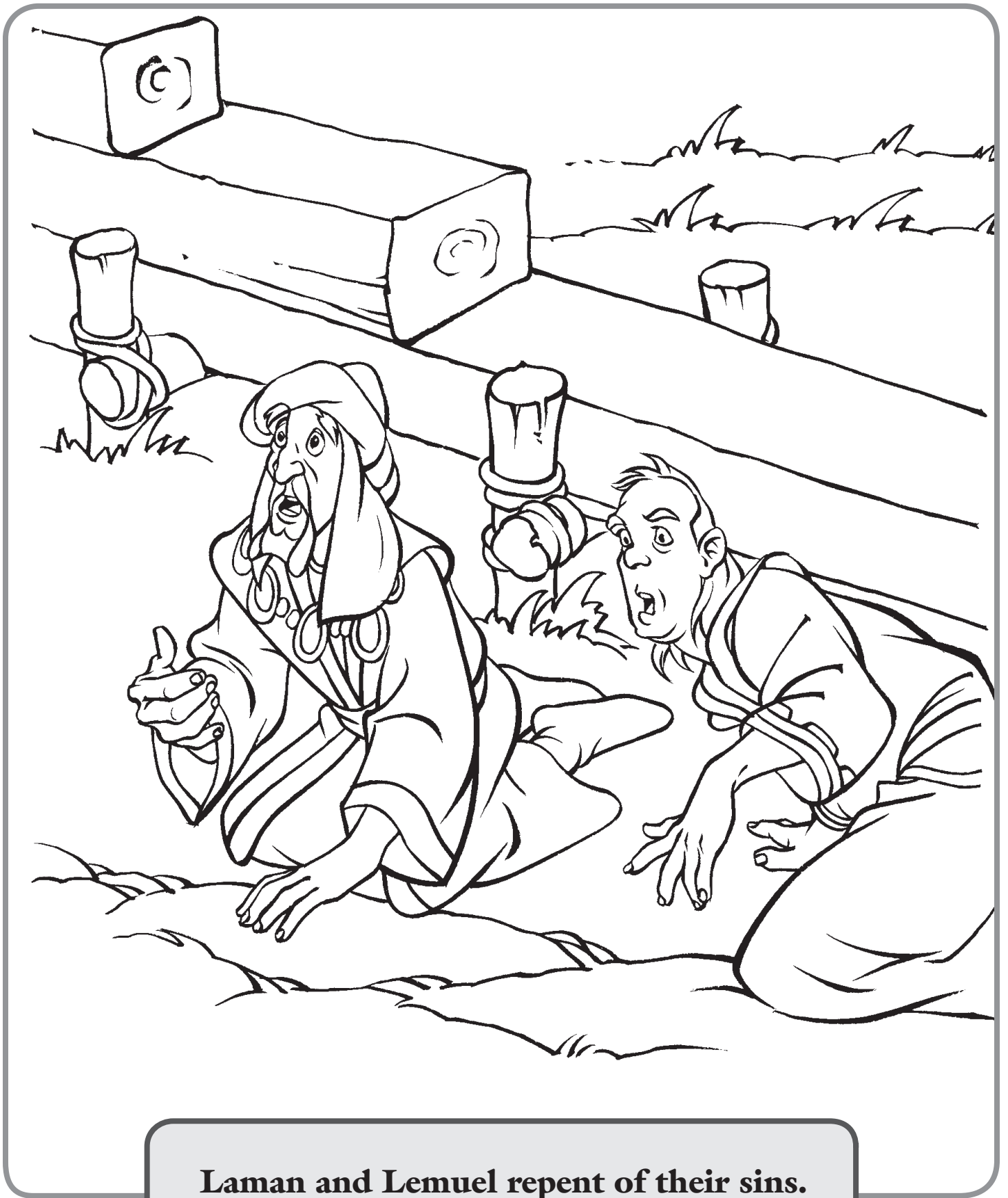
**The Lord commands Nephi
to stretch forth his hand.**

1 Nephi 17:48–54



**Laman and Lemuel are
shocked by the power of God.**

1 Nephi 17:53–55



Laman and Lemuel repent of their sins.

1 Nephi 17:53–55



**Laman and Lemuel agree
to help build the ship.**

1 Nephi 17:55; 1 Nephi 18:1

"JOURNEY TO THE PROMISED LAND" MATCHING GAME

Match the descriptions in the left-hand column with the correct person or item in the right-hand column.

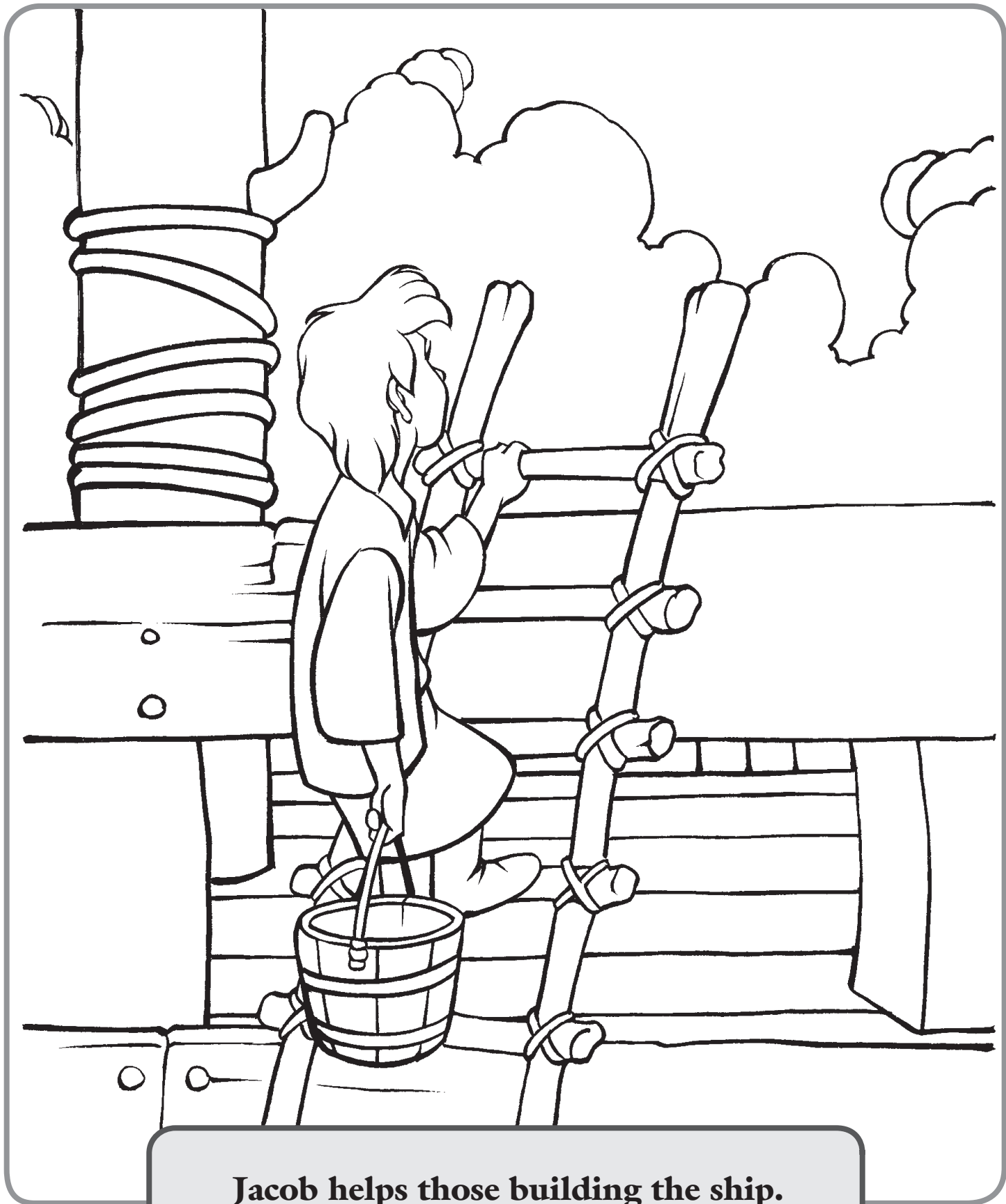
- | | | | | |
|----|-----|--|----|------------------|
| 1. | ___ | Built a ship. | A. | JACOB |
| 2. | ___ | Directed Lehi and his family to the Promised Land. | B. | LORD |
| 3. | ___ | Born in the wilderness. | C. | LAMAN |
| 4. | ___ | Oldest son of Lehi. | D. | ISHMAEL'S FAMILY |
| 5. | ___ | Nephi's older righteous brother. | E. | LIAHONA |
| 6. | ___ | One of Lehi's rebellious sons. | F. | SAM |
| 7. | ___ | Accompanied Lehi's family to the Promised Land. | G. | LEMUEL |
| 8. | ___ | Told Nephi to build a ship. | H. | NEPHI |

(For additional help, see 1 Nephi 17-19)

JOURNEY TO THE PROMISED LAND - WORD SEARCH

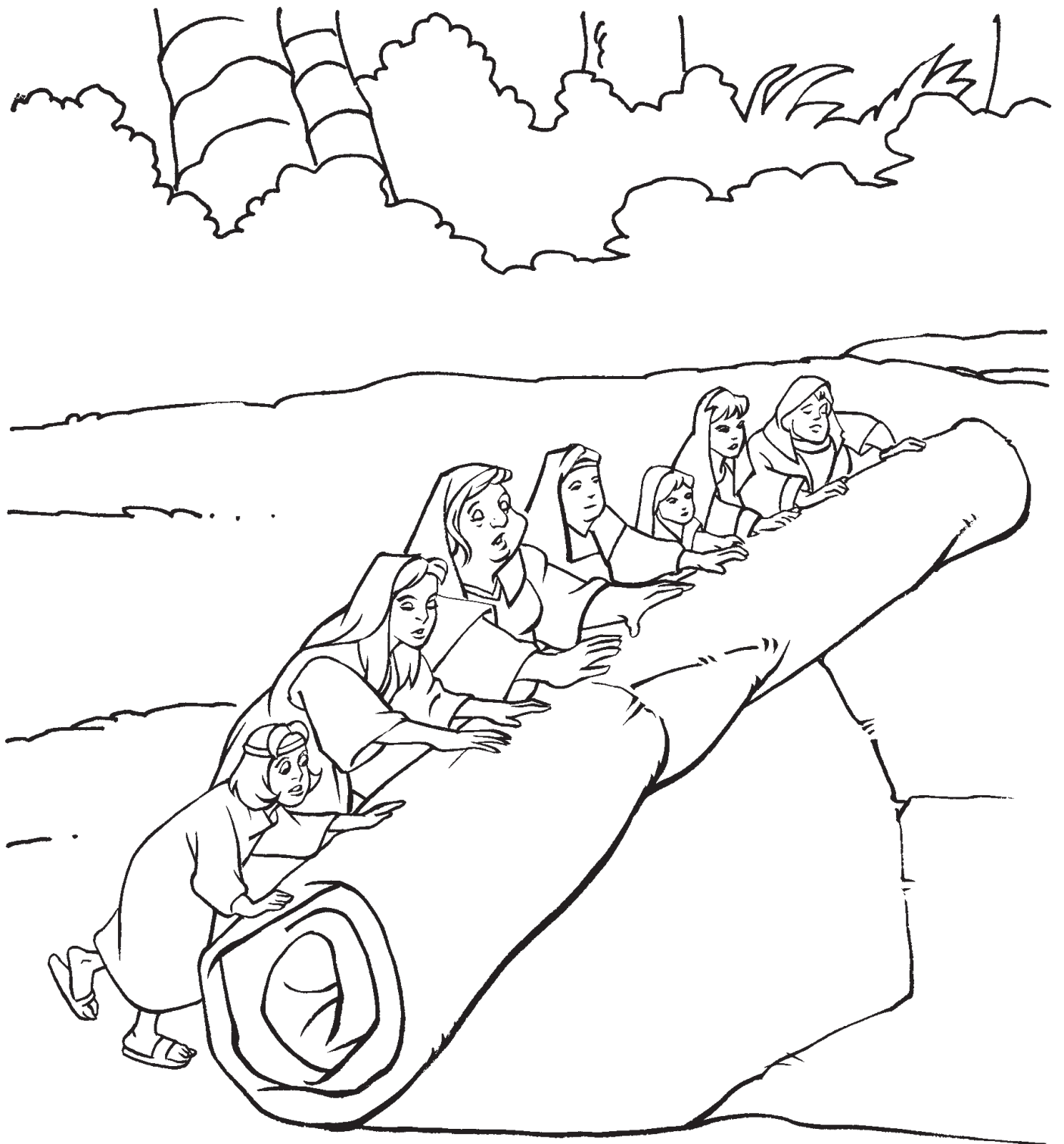
L A I F P C Q B E L L O W S H E I B
 K E I U G N B O C A J T I N C H R L
 R N M Y K A L Y J N P B W O E A M O
 E O A U P M G O L D E N P L A T E S
 P D W R E A U F M O S W A V E S A Q
 E N H T N L R V Z F M R O T S I P W
 N A Y E N R U O J B D L Z O L C F I
 T L E A M H S I F O N E R D L I H C
 Q D I W T V N D G U J M W Y I G L K
 U E N A Y O R F P N Y N A R A N B E
 T S H O C K O V K T N L P R H S I D
 V I S M H R E L G I E F I E O M O N
 L M D P E M S P S F P I Q W N Z A E
 K O L W Y R I H A U H T K X A T H S
 M R O N B H Q K O L I D P U J P R S
 F P J X S T E P B Y S T E P L C G A

BELLOWS
 CHILDREN OF ISHMAEL
 GOLDEN PLATES
 JACOB
 JOURNEY
 LAMAN
 LAND OF BOUNTIFUL
 LEHI
 LEMUEL
 LIAHONA
 NEPHI
 ORE
 POWER OF GOD
 PROMISED LAND
 REPENT
 SAIL
 SAM
 SHIP
 SHOCK
 STEP BY STEP
 STORM
 TOOLS
 WAVES
 WICKEDNESS
 ZORAM



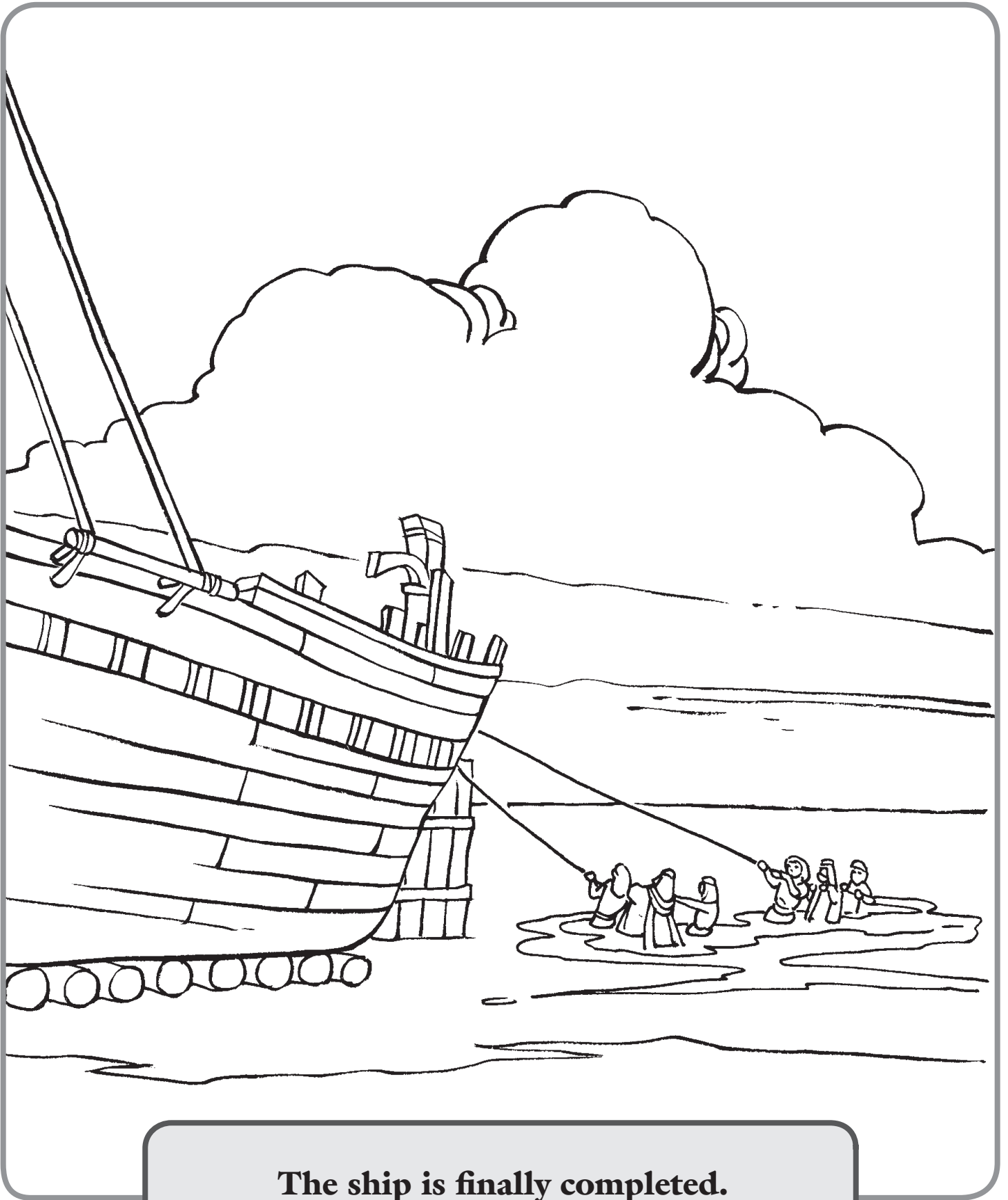
Jacob helps those building the ship.

see 1 Nephi 18:1



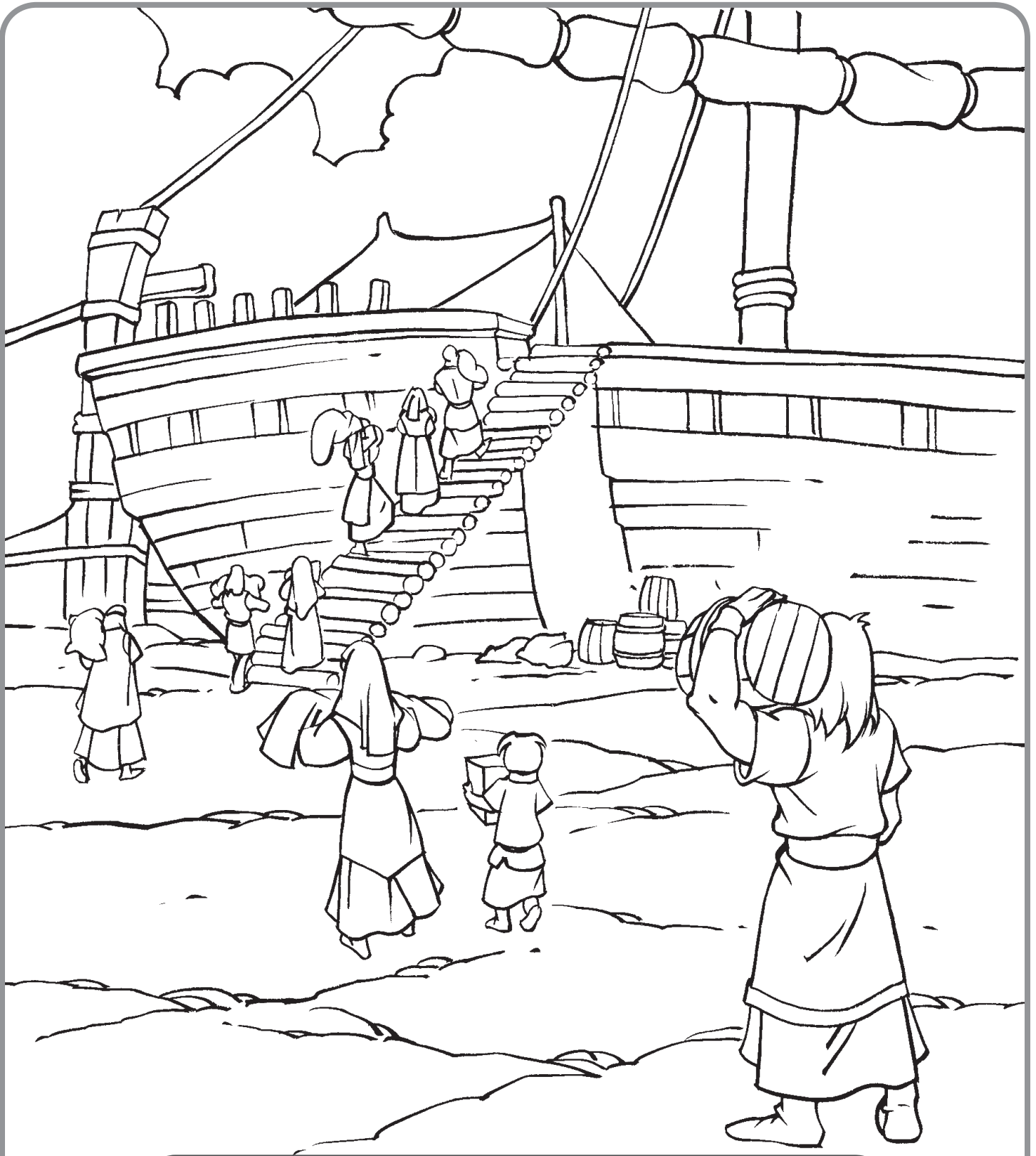
The women finish the sail for the ship.

see 1 Nephi 18:1–4



The ship is finally completed.

1 Nephi 18:4



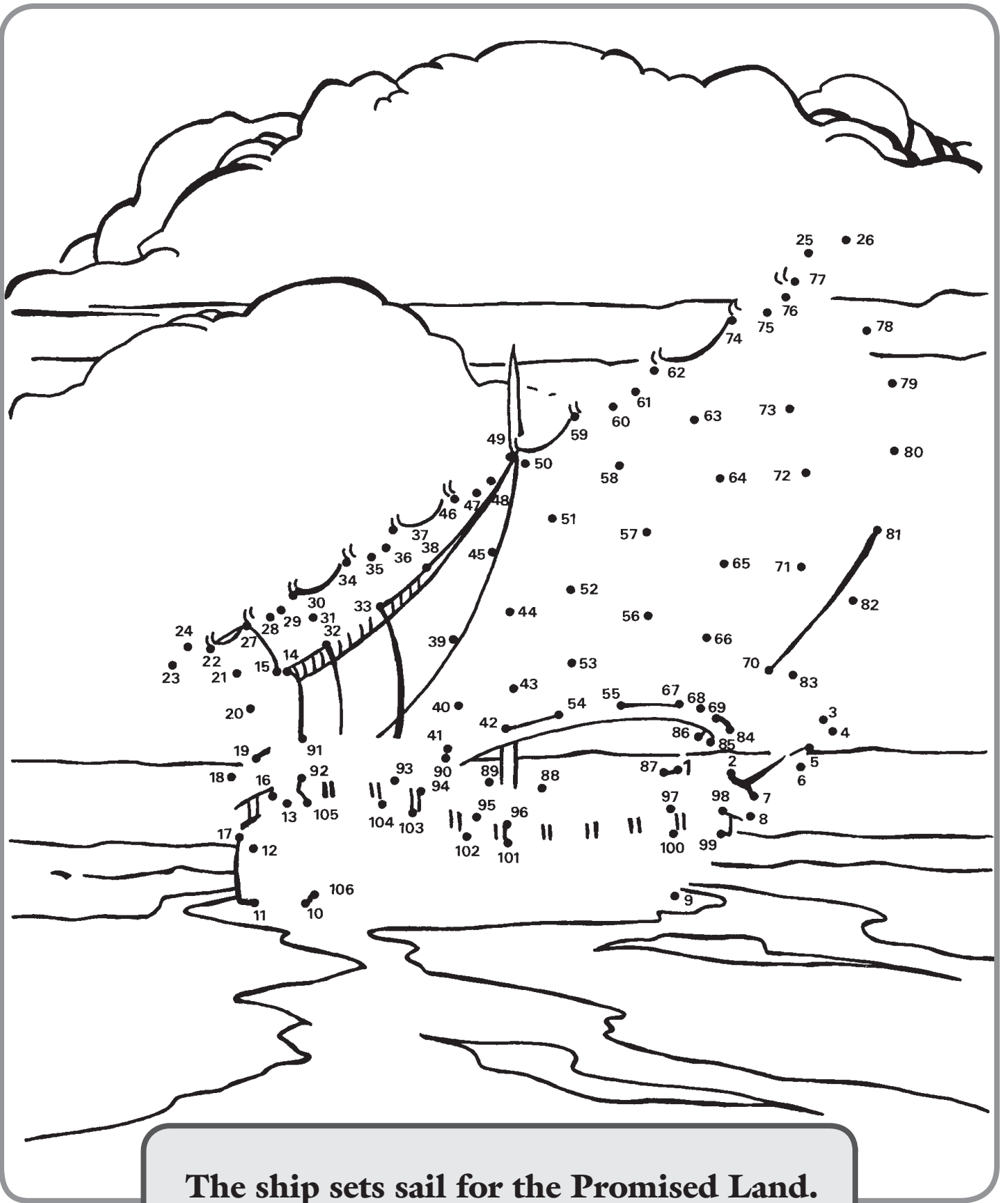
Everyone helps load the ship.

1 Nephi 18:5–6



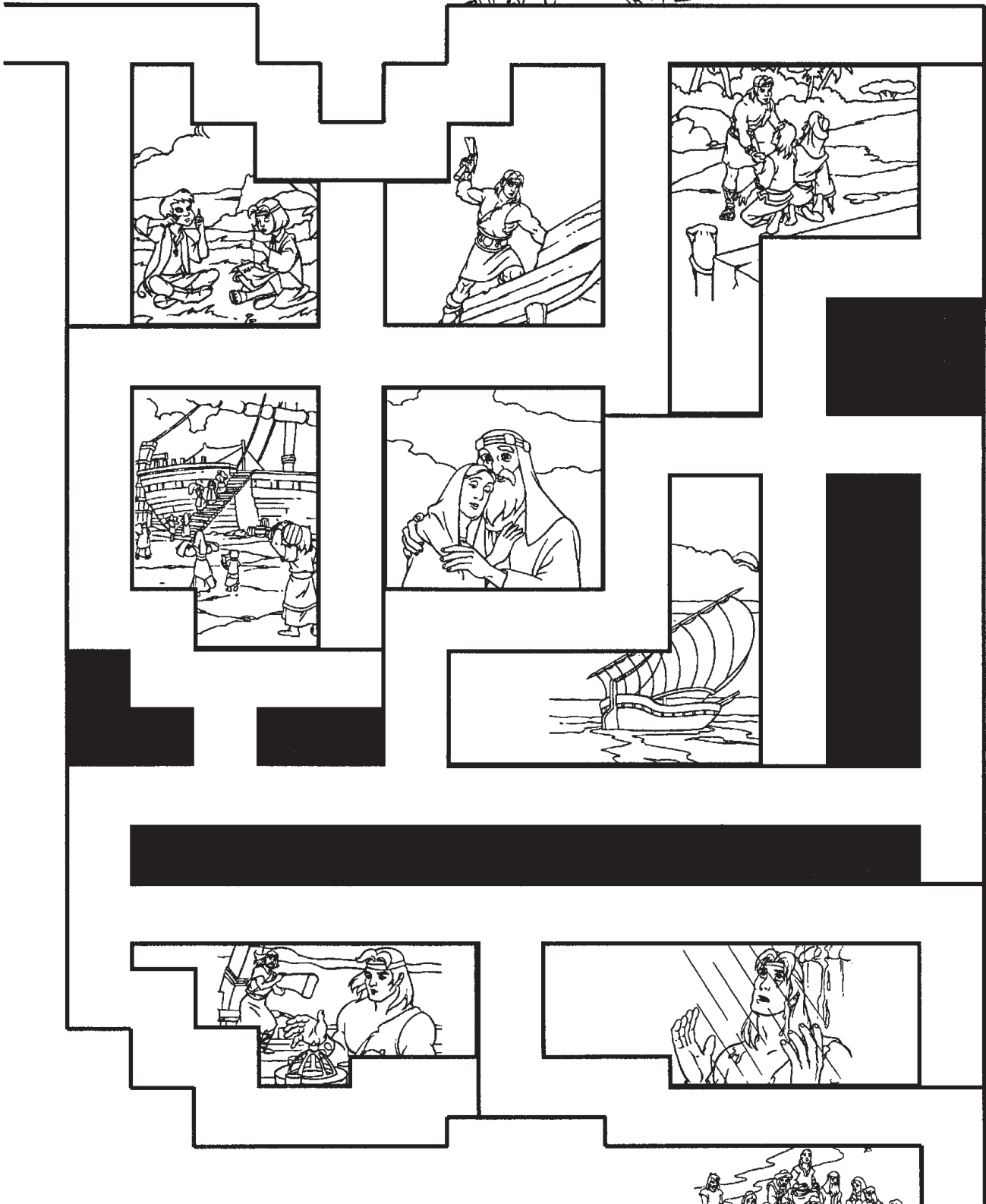
**Lehi and Sariah prepare to
go to the Promised Land.**

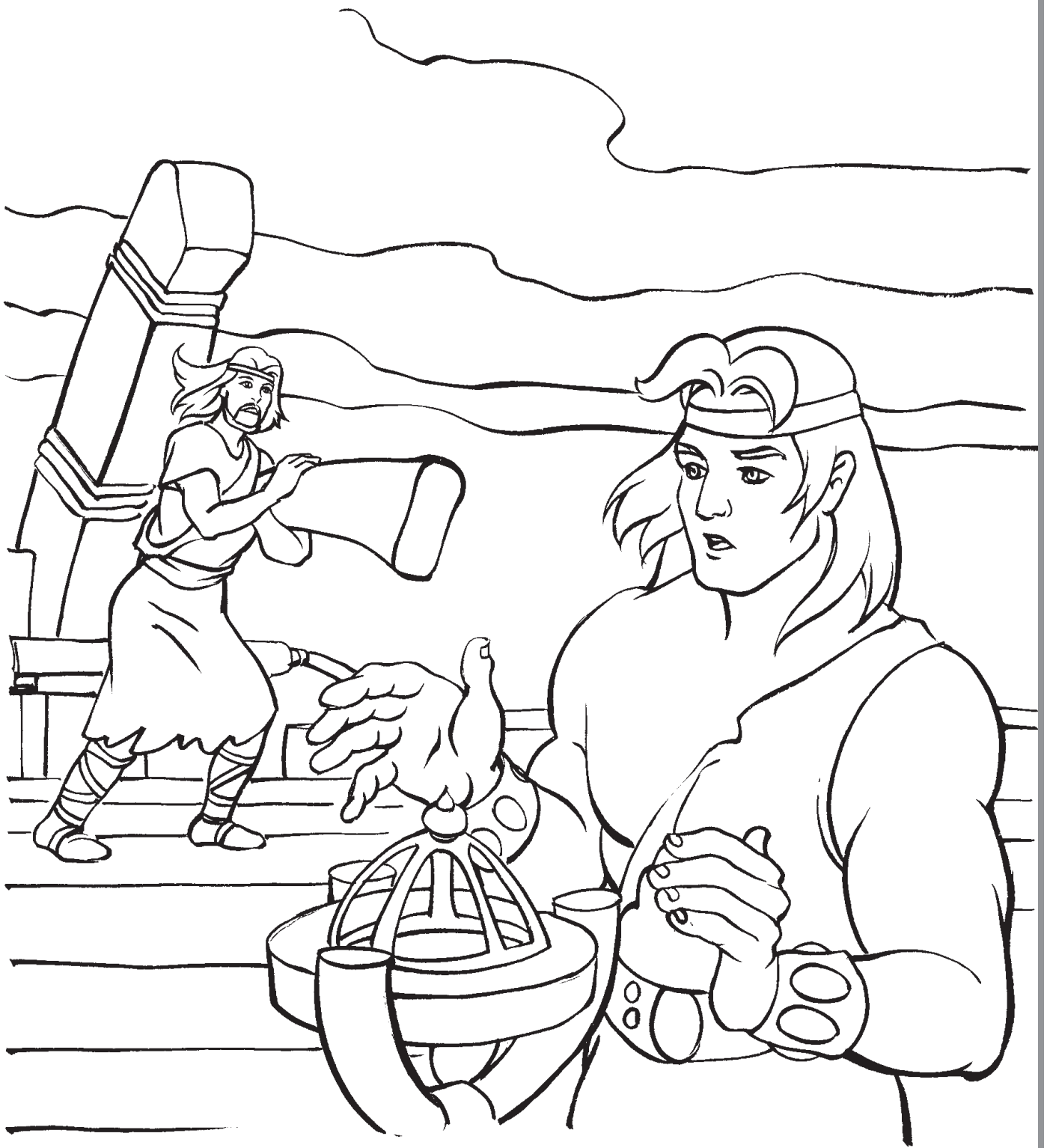
1 Nephi 18:5–6



The ship sets sail for the Promised Land.
1 Nephi 18:8

Help Nephi and his family reach the Promised Land.





Nephi and Sam steer the ship.

1 Nephi 18:8



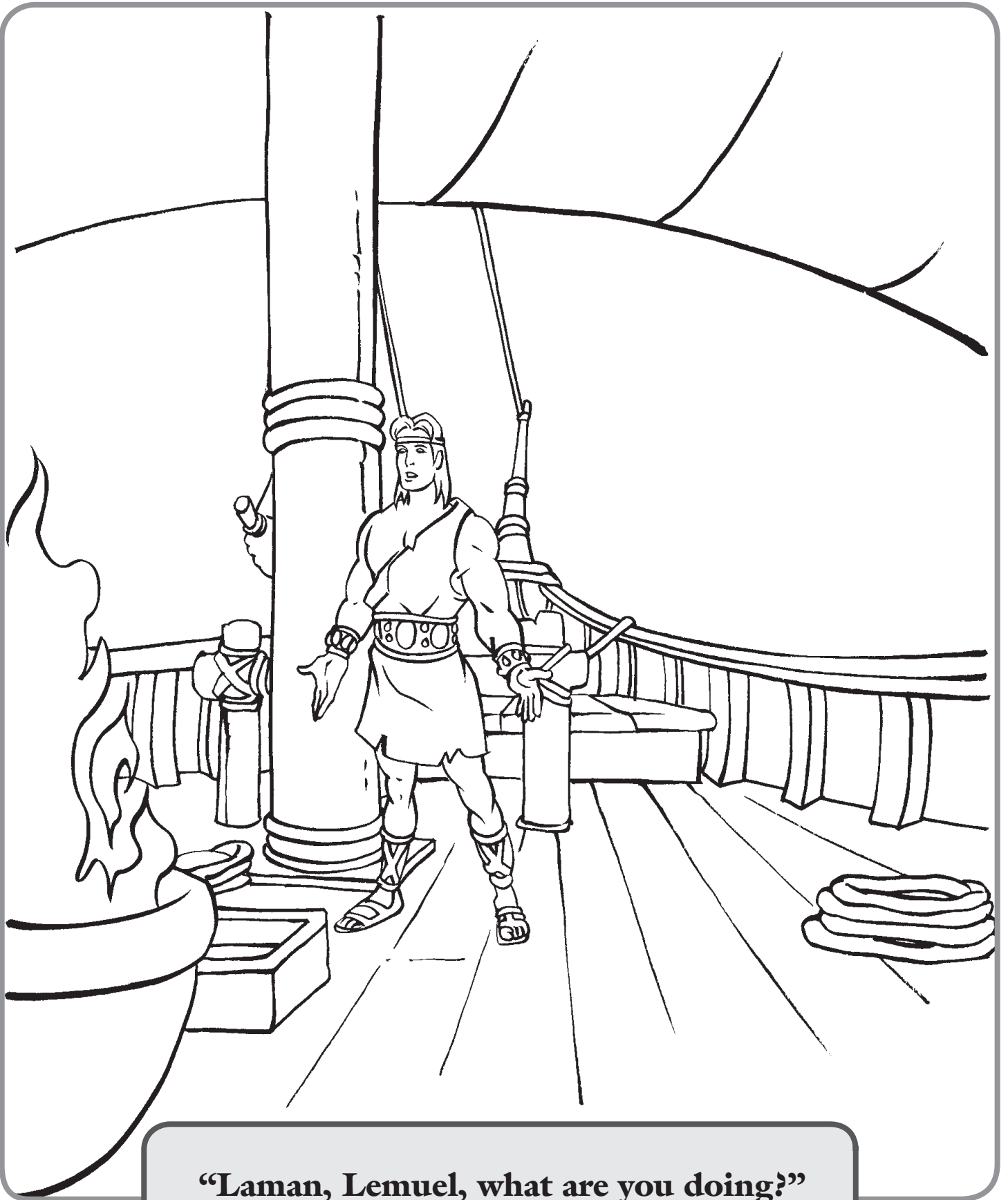
Laman begins to make merry.

1 Nephi 18:9



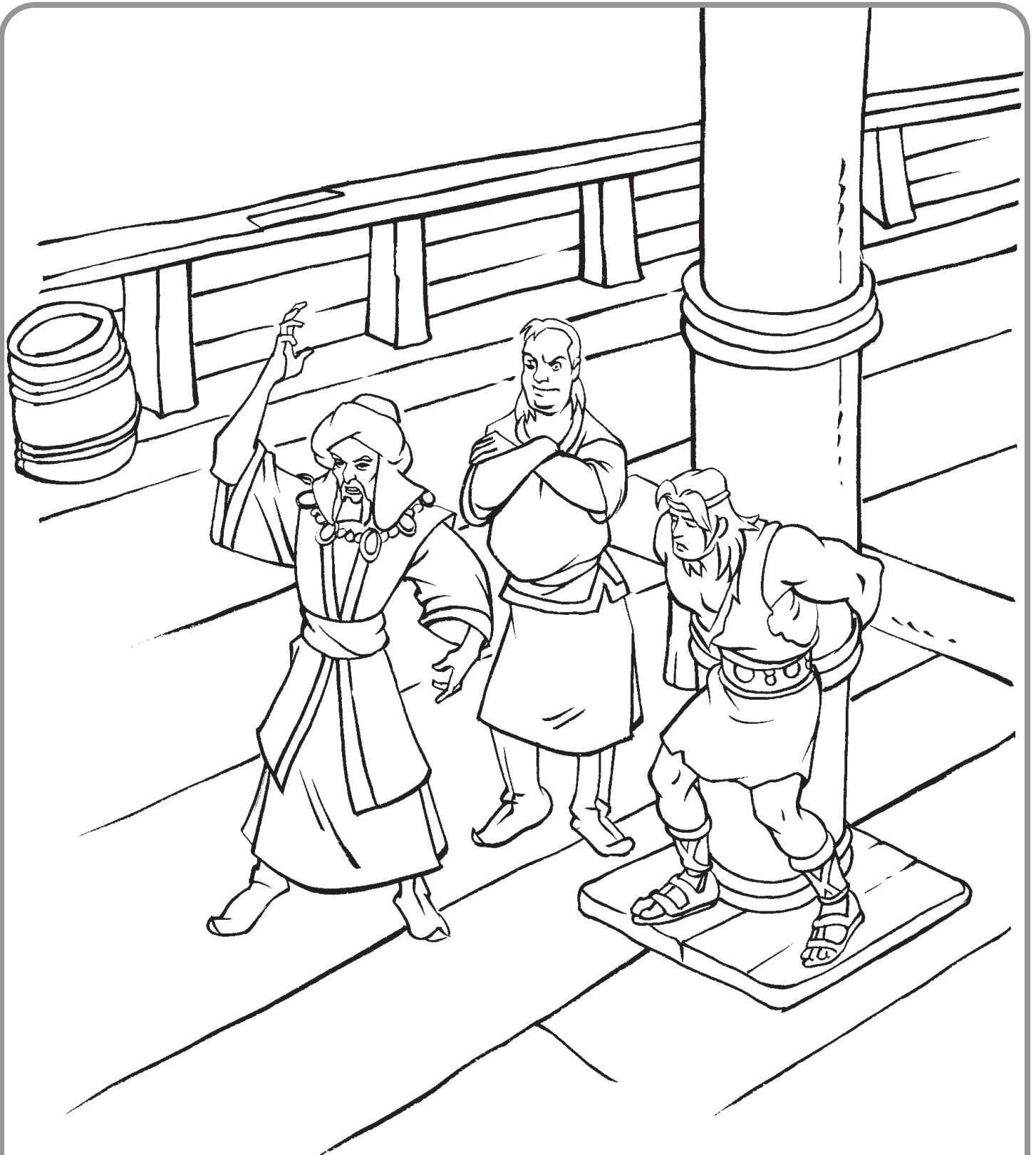
Laman and Lemuel behave very rudely.

1 Nephi 18:9



“Laman, Lemuel, what are you doing?”

1 Nephi 18:10



Laman and Lemuel tie Nephi to the mast.

1 Nephi 18:10-11



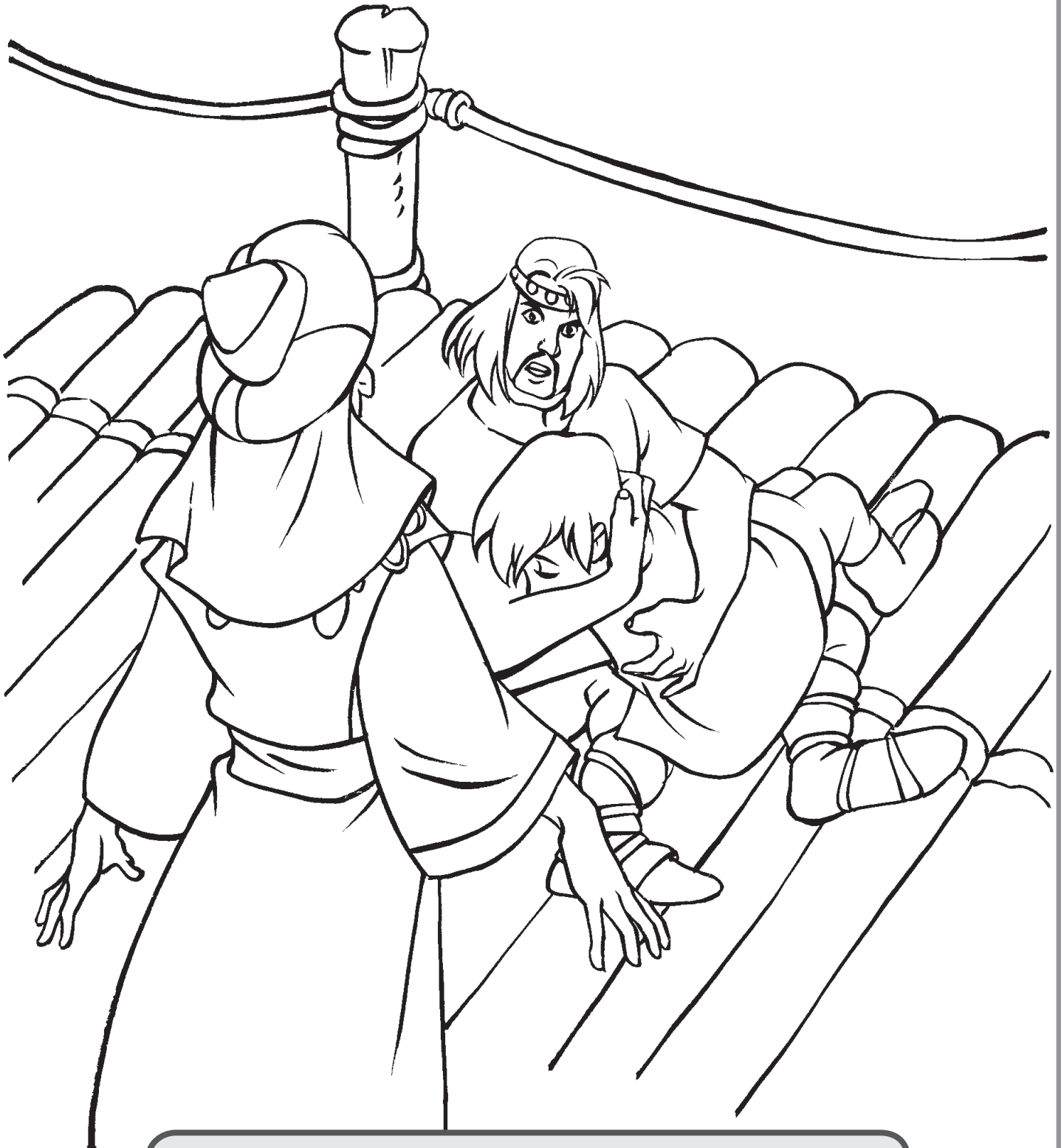
**“Father, Father! The Liahona...
it has stopped working!”**

1 Nephi 18:12



**The Lord sends a big storm because
Laman and Lemuel refuse to repent.**

1 Nephi 18:13–15



**“How many of us will die
before you will repent?”**

see 1 Nephi 18:14–19



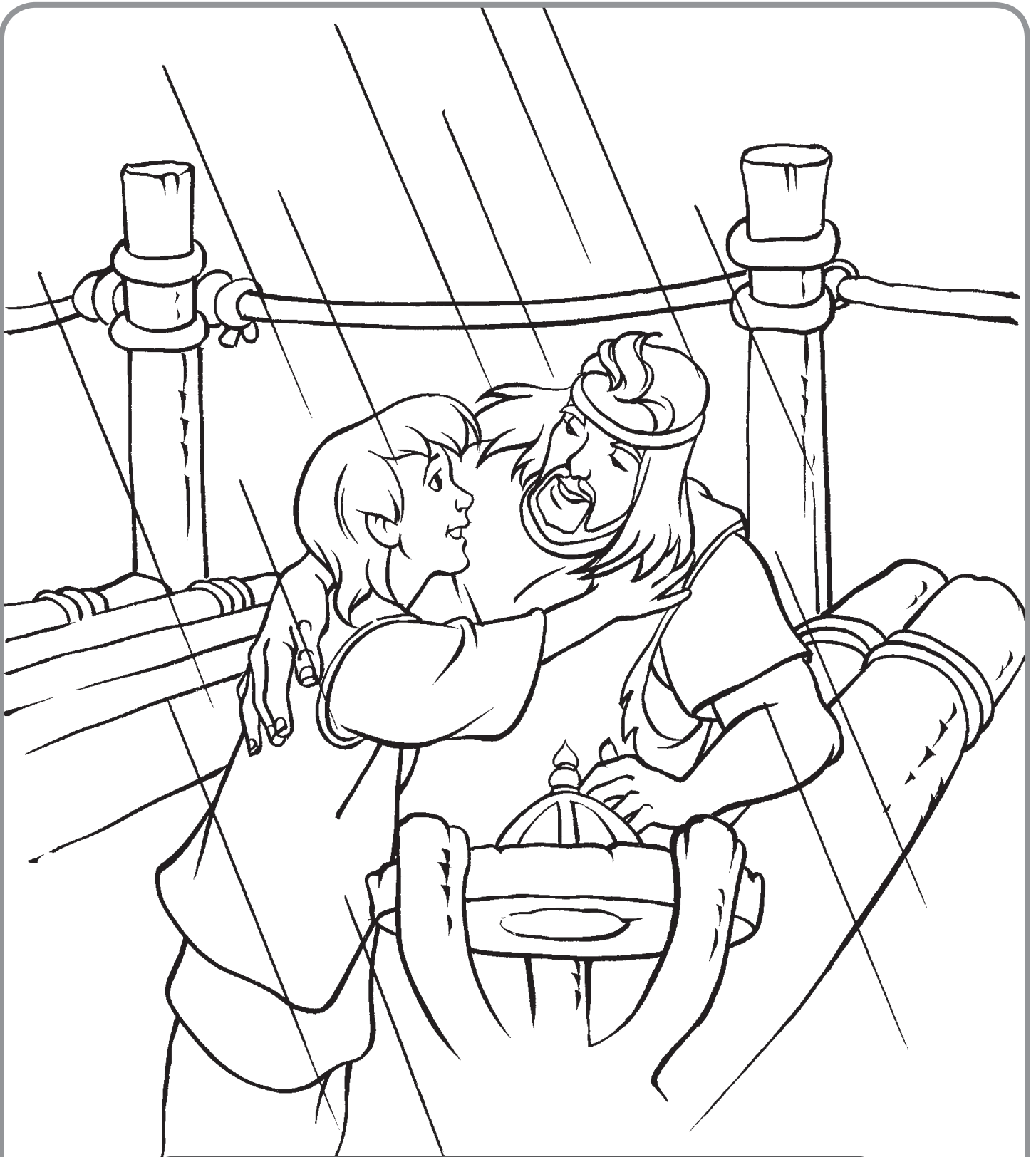
**Laman and Lemuel repent
and untie Nephi.**

1 Nephi 18:15–20



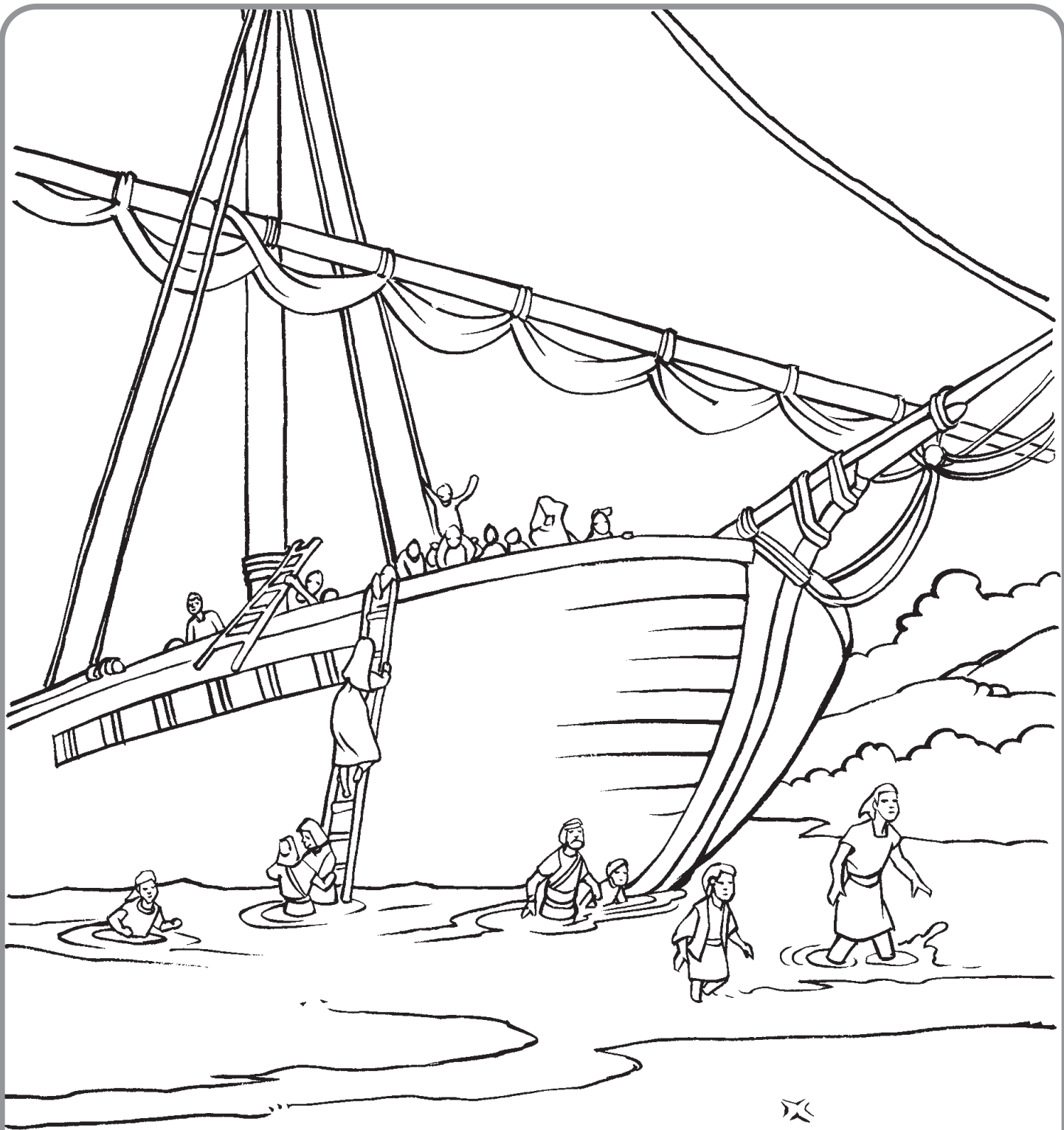
**Nephi prays to the Lord
to calm the storm.**

1 Nephi 18:21



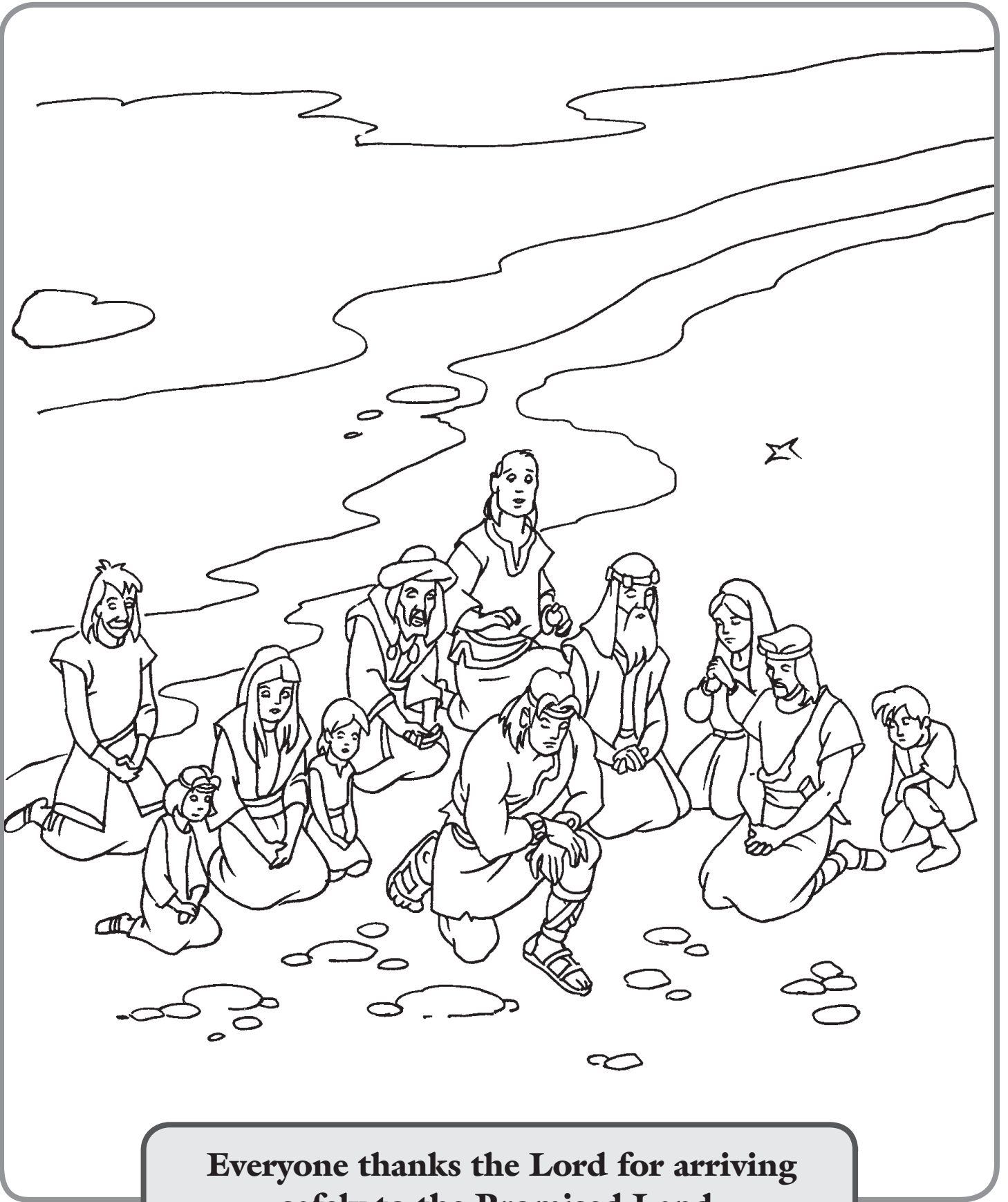
**Jacob and Sam rejoice
as the storm clears up.**

1 Nephi 18:21



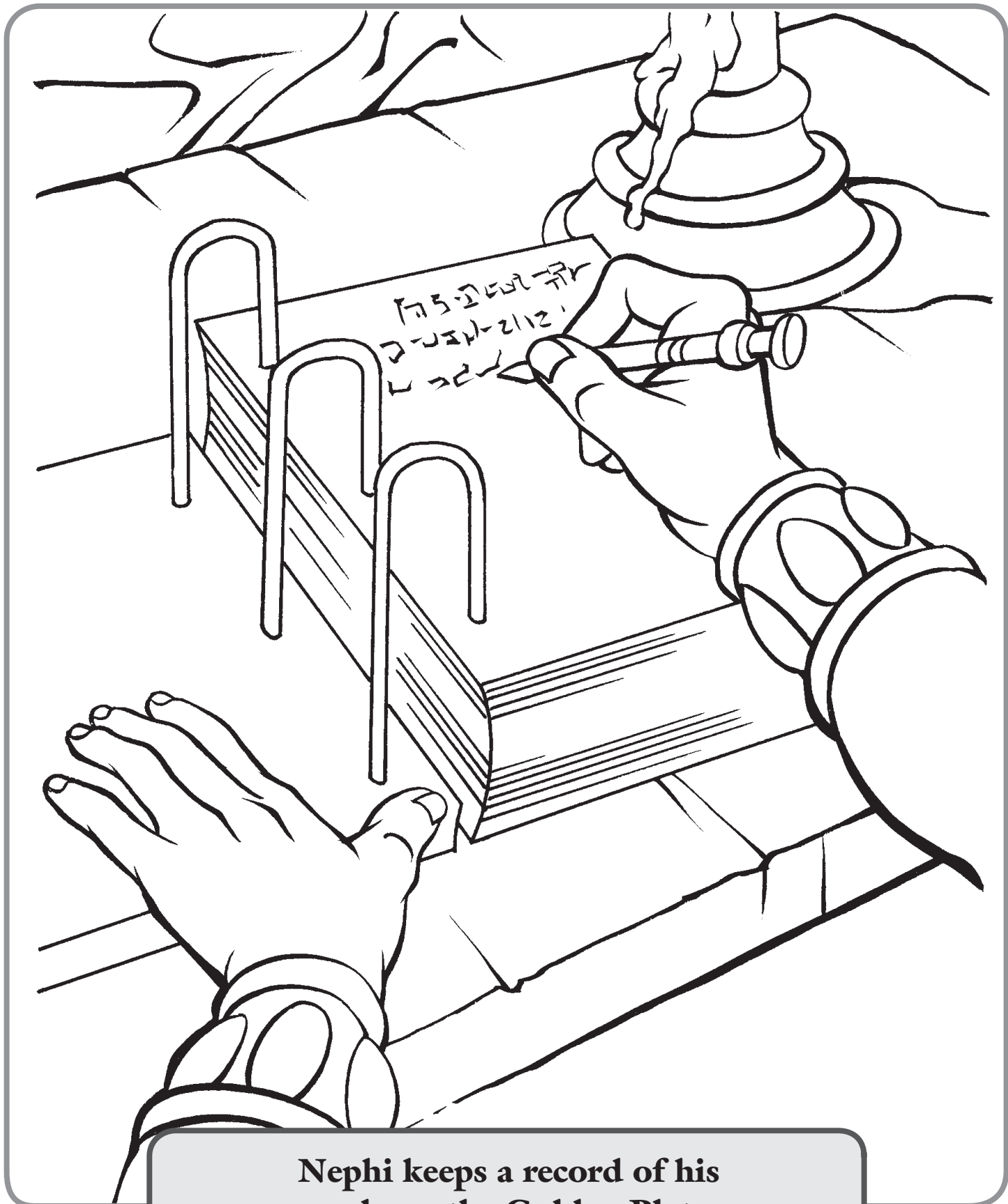
**The ship finally reaches
the Promised Land.**

1 Nephi 18:23



**Everyone thanks the Lord for arriving
safely to the Promised Land.**

see 1 Nephi 18:23



**Nephi keeps a record of his
people on the Golden Plates.**

1 Nephi 19:1-2

Cut along the dotted lines and put the pictures in the order that they happened.



QUESTIONS

ELEMENTARY QUESTIONS:

1. Name one of Lehi's sons who was born in the wilderness.
2. What did the Lord command Nephi to build?
3. Name the two people who mocked Nephi when he began building the ship?
4. How did Nephi know how to build a ship?
5. Did Laman and Lemuel finally help Nephi build the ship?
6. Did Nephi have a family of his own when they set sail for the Promised Land?
7. Did the Liahona start working again after Nephi was untied?
8. Did the ship arrive safely in the Promised Land?
9. Name Nephi's older brother who was also righteous.
10. Did Lehi and his family settle in the Promised Land?

ADVANCED QUESTIONS:

1. What was the name of the ball or director that Lehi and his family used as a guide?
2. What was the name of the land that Lehi and his family lived in by the sea?
3. How did Nephi know where to find ore so he could make tools?
4. What happened to Laman and Lemuel when they mocked Nephi for building a ship?
5. Where was Nephi when the Lord commanded him to build a ship?
6. What happened to Nephi when he reprimanded his brothers for making merry?
7. What happened when Laman and Lemuel bound Nephi with cords?
8. Did Lehi try to get Laman and Lemuel to untie Nephi?
9. What did Nephi do when Laman and Lemuel finally untied him?
10. Did Lehi and Sariah live to see the Promised Land?

EXPERT QUESTIONS:

1. Why did the Lord want Nephi to build a ship?
2. What did Nephi say to Laman and Lemuel when they fell down and began to worship him?
3. Whose family accompanied Lehi and his family to the Promised Land?
4. Who began to dance and sing and be merry on board the ship?
5. Why did Laman and Lemuel finally untie Nephi?

****For additional help, see 1 Nephi Chapters 7, 16-19, and Alma 37:38.**

ANSWER KEY

ANSWERS TO ELEMENTARY QUESTIONS:

- Jacob and Joseph. (1 Nephi 18:7)
- A ship. (1 Nephi 17:8)
- Laman and Lemuel. (see 1 Nephi 18:17-18;55)
- The Lord instructed him. (1 Nephi 17:18; 1 Nephi 18:2)
- Yes. (1 Nephi 18:1)
- Yes. (1 Nephi 16:7; 1 Nephi 18:6;19)
- Yes. (1 Nephi 18:21)
- Yes. (1 Nephi 18:23)
- Sam. (see 1 Nephi 7:6; 1 Nephi 2:17)
- Yes. (1 Nephi 18:23-25)

ANSWERS TO ADVANCED QUESTIONS:

- The Liahona. (Alma 37:38; 1 Nephi 16:10)
- The Land of Bountiful. (1 Nephi 17:5-6)
- The Lord told him. (1 Nephi 17:9)
- The Lord commanded Nephi to stretch forth his hand to his brethren and He would shock them so they would know that the Lord was with Nephi. (1 Nephi 18:53-55)
- In the mountains. (1 Nephi 17:7)
- Laman and Lemuel said that they wouldn't allow their younger brother to be a ruler over them, so they bound him with cords and treated him harshly. (1 Nephi 18:10-11)
- The Liahona stopped working, and they didn't know which way they should steer the ship. Then a great storm arose and they were driven back on the water. (1 Nephi 18:12-13)
- Yes. (1 Nephi 18:17-18)
- He prayed to God and praised Him, and the storm stopped and there was a great calm. (1 Nephi 18:21)
- Yes. (1 Nephi 18:17-25)

ANSWERS TO EXPERT QUESTIONS:

- So that they could be carried across the many waters to the Promised Land. (1 Nephi 17:8)
- He told them not to worship their younger brother, but to worship the Lord their God and to honor their mother and their father. (1 Nephi 18:55)
- The family of Ishmael. (1 Nephi 7:1-5)
- Laman, Lemuel, and the sons of Ishmael and their wives. (1 Nephi 18:9)
- Because the ship was about to be swallowed up by the sea. (1 Nephi 18:15;20)

ANSWERS TO CROSSWORD PUZZLE:

DOWN:

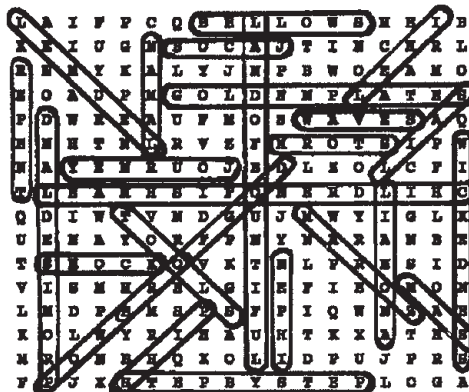
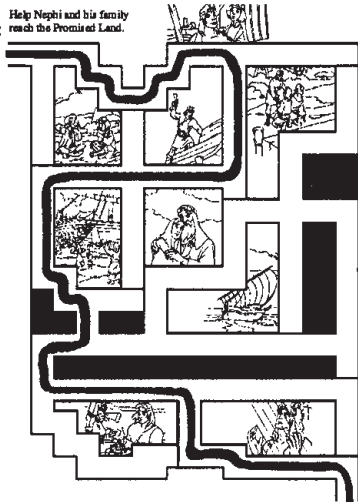
- Ship
- Laman and Lemuel
- Irreantum
- Sariah
- Ishmael
- Tools
- Workmanship
- Lord
- Storm
- Bound

ACROSS:

- Sam
- Land of Bountiful
- Promised Land
- Bellows
- Worship
- Jacob
- Spirit of God
- Liahona
- Pray
- Mountain

ANSWER TO MAZE:

Help Nephi and his family reach the Promised Land.



ANSWERS TO THE MATCHING GAME: 1. H 2. E 3. A 4. C 5. F 6. G 7. D 8. B

SCRIPTURE REFERENCES

Bellows, Nephi Makes	1 Nephi 17:11	
Bound, Nephi Is, By Laman And Lemuel	1 Nephi 18:11	
Bountiful, Land Of, Lehi And Family Dwell In	1 Nephi 17:5-6	
Bountiful, Plentiful In Fruit	1 Nephi 17:56	1 Nephi 18:7
Brothers Mock Nephi	1 Nephi 17:17-18	
Building Of Ship By Nephi	1 Nephi 17:15-18	1 Nephi 18:1-4
Building Of Ship, Laman And Lemuel Help With	1 Nephi 18:1	
Children Of Nephi	2 Nephi 5:6	1 Nephi 18:19
Crossing Of Irreantum By Lehi And Family	see 1 Nephi 17:5	1 Nephi 18:8-23
Dancing Of Laman And Lemuel On Ship	1 Nephi 18:9	
Destruction, Of Ship, Near, During Storm	1 Nephi 18:13-15	
Drinking Of Laman And Lemuel On Ship	1 Nephi 18:9	
Fruit Plentiful In Bountiful	1 Nephi 17:56	1 Nephi 18:7
God, Power Of, Shocks Laman And Lemuel	1 Nephi 17:53-54	
Instructions From God, Nephi Receives On Mountain	1 Nephi 17:7-15	
Irreantum, Crossing Of, By Lehi And Family	see 1 Nephi 17:5	1 Nephi 18:8-23
Ishmael, Children Of, Travel To Promised Land	1 Nephi 18:6-23	
Ishmael's Children Make Merry On Ship	1 Nephi 18:9	
Jacob, Son Of Lehi	1 Nephi 18:7	
Journey To The Promised Land	1 Nephi 17-18	
Laman And Lemuel Are Shocked By Power Of God	1 Nephi 17:53-54	
Laman And Lemuel Begin To Worship Nephi	1 Nephi 17:55	
Laman And Lemuel Bind Nephi	1 Nephi 18:11	
Laman And Lemuel Help Build Ship	1 Nephi 18:1	
Laman And Lemuel Make Merry On Ship	1 Nephi 18:9	
Laman And Lemuel Mock Nephi	1 Nephi 17:17-18	
Laman And Lemuel, Murder In Hearts Of	1 Nephi 17:44;48	
Laman And Lemuel, Murmuring Of	1 Nephi 17:17-18	
Laman And Lemuel, Repentance Of	1 Nephi 17:53-55	1 Nephi 18:20+
Land Of Bountiful, Lehi And Family Dwell In	1 Nephi 17:5-6	
Land, Promised (see Promised Land)		
Lehi Dwells In Land Of Bountiful	1 Nephi 17:5-6	
Lehi Receives Liahona	1 Nephi 16:10	see Alma 37:38
Lehi, Son Of, Jacob As	1 Nephi 18:1	
Lehi, Suffering Of, On Ship	1 Nephi 18:17-19	
Lemuel And Laman Are Shocked By Power Of God	1 Nephi 17:53-54	
Lemuel And Laman Begin To Worship Nephi	1 Nephi 17:55	
Lemuel And Laman Bind Nephi	1 Nephi 18:11	
Lemuel And Laman Help Build Ship	1 Nephi 18:1	
Lemuel And Laman Make Merry On Ship	1 Nephi 18:9	
Lemuel And Laman Mock Nephi	1 Nephi 17:17-18	
Lemuel And Laman, Murder In Hearts Of	1 Nephi 17:44;48	
Lemuel And Laman, Murmuring Of	1 Nephi 17:17-18	
Lemuel And Laman, Repentance Of	1 Nephi 17:53-55	1 Nephi 18:20+
Liahona Begins Working	1 Nephi 18:21	
Liahona, Receiving Of, By Lehi	1 Nephi 16:10	see Alma 37:38
Liahona Stops Working	1 Nephi 18:12	
Loading Of Ship	1 Nephi 18:5-6	
Lord Tells Nephi Where To Find Ore	1 Nephi 17:10	
Merry Making Of Laman And Lemuel On Ship	1 Nephi 18:9	
Mocking Of Nephi By Brothers	1 Nephi 17:17-18	
Mountain, Nephi Receives Instructions From God On	1 Nephi 17:7-15	
Murder In Hearts Of Laman And Lemuel	1 Nephi 17:44;48	
Murmuring Of Laman And Lemuel	1 Nephi 17:17-18	
Nephi Builds Ship	1 Nephi 17:15-18	1 Nephi 18:1-4
Nephi, Children Of	2 Nephi 5:6	1 Nephi 18:19

SCRIPTURE REFERENCES

Nephi, Laman And Lemuel Begin To Worship	1 Nephi 17:55	
Nephi Makes Bellows And Tools	1 Nephi 17:11-16	
Nephi, Mocking Of, By Brothers	1 Nephi 17:17-18	
Nephi, Prayers Of, To Stop Storm	1 Nephi 18:21	
Nephi Receives Instructions From God On Mountain	1 Nephi 17:7-15	
Nephi, Righteousness Of	1 Nephi 2:16-17	
Nephi, Suffering Of, On Ship	1 Nephi 18:11-20	
Nephi, Wife Of	see 1 Nephi 18:6	1 Nephi 18:19
Ore, Lord Tells Nephi Where To Find	1 Nephi 17:10	
Ore, Nephi Makes Tools With	1 Nephi 17:10;16	
Power Of God Shocks Laman And Lemuel	1 Nephi 17:53-54	
Prayers Of Nephi To Stop Storm	1 Nephi 18:21	
Promised Land, Journey To	1 Nephi 17-18	
Promised Land, Ship Reaches	1 Nephi 18:23	
Promised Land, Ship Reaches	1 Nephi 18:23	
Repentance Of Laman And Lemuel	1 Nephi 17:53-55	1 Nephi 18:20+
Righteousness Of Nephi	1 Nephi 2:16-17	
Righteousness Of Sam	1 Nephi 2:17	1 Nephi 7:6
Sailing Of Ship To Promised Land	1 Nephi 18:8-23	
Sam, Righteousness Of	1 Nephi 2:17	1 Nephi 7:6
Sea, Crossing Of, By Lehi And Family	see 1 Nephi 17:5	1 Nephi 18:8-23
Ship, Building Of, By Nephi	1 Nephi 17:15-18	1 Nephi 18:1-4
Ship, Laman And Lemuel Help Build	1 Nephi 18:1	
Ship, Loading Of	1 Nephi 18:5-6	
Ship Nearly Destroyed By Storm	1 Nephi 18:13-15	
Ship Reaches Promised Land	1 Nephi 18:23	
Shocking Of Laman And Lemuel By Power Of God	1 Nephi 17:53-54	
Son Of Lehi, Jacob As	1 Nephi 18:1	
Storm Ceases	1 Nephi 18:21	
Storm, Prayers Of Nephi To Stop	1 Nephi 18:21	
Storm, Ship Nearly Destroyed During	1 Nephi 18:13-15	
Suffering Of Lehi On Ship	1 Nephi 18:17-19	
Suffering Of Nephi On Ship	1 Nephi 18:11-20	
Tools, Nephi Makes	1 Nephi 17:16	
Wife Of Nephi	see 1 Nephi 18:6	1 Nephi 18:19
Worship Nephi, Laman And Lemuel Begin To	1 Nephi 17:55	

POINTS TO PONDER:

1. Why do you think Laman and Lemuel continued to be wicked even when they saw so many miracles happen?
2. How can we be more like Nephi?
3. Lehi and his family had the Liahona to help guide them to the Promised Land. What type of guides or "Liahonas" do we have to help us today?
4. How do you think our parents feel when we murmur against them like Laman and Lemuel?

Certificate of Achievement

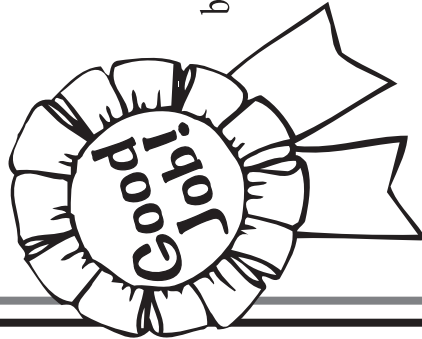
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